

CLA Telephone Bridge & Skype[®] Meetings Downloadable Directory

CLA Telephone Bridge Meetings – in English 

Day	Pacific Time	Eastern Time	Meeting Topic	U.S. Phone Number (* = international)	Access Code	Mute	Unmute
Monday	6 a.m.	9 a.m.	Monday International Reflection	712-770-4010 (*)	852600 #	*6	*6
Monday	5 p.m.	8 p.m.	CLA Literature & Traditions (First Monday)	515-604-9021 (*)	102163 #	*6	*6
Tuesday	9 a.m.	12 p.m.	Tuesday Steps and Traditions	712-770-4010 (*)	852600 #	*6	*6
Tuesday	5 p.m.	8 p.m.	CLA Steps 1, 2, and 3	515-604-9021 (*)	102163 #	*6	*6
Wednesday	9 a.m.	12 p.m.	Wednesday Self-Nurture	712-770-4010 (*)	852600 #	*6	*6
Wednesday	12 noon	3 p.m.	CLA Literature, Topics Vary	641-715-3580 (*)	161441 #	*6	*6
Wednesday	5 p.m.	8 p.m.	Topic or Speaker	515-604-9021 (*)	102163 #	*6	*6
Wednesday	6:30 p.m.	9:30 p.m.	Steps & Traditions Study, CLA & A.A. Literature	515-739-1031	457671 #	*6	*6
Thursday	5 a.m.	8 a.m.	Devotional and Steps Meeting	515-604-9932 (*)	537636#	*6	*6
Thursday	4 p.m.	7 p.m.	The Original Beginners' Meeting	515-604-9932 (*)	537636#	*6	*6
Thursday	4 p.m.	7 p.m.	Newcomers 101: Is CLA for You? NEW	515-604-9021 (*)	102163 #	*6	*6
Thursday	5 p.m.	8 p.m.	Nonphysical Clutter, CLA Literature	515-604-9021 (*)	102163 #	*6	*6
Friday	5 p.m.	8 p.m.	Step 10, Writing & Sharing	515-604-9021 (*)	102163 #	*6	*6
Saturday	5 a.m.	8 a.m.	CLA Literature	515-604-9932 (*)	537636#	*6	*6
Saturday	5 p.m.	8 p.m.	CLA Literature "Home: Our Sacred Place"	515-604-9021 (*)	102163 #	*6	*6


Problems? See "Alternate Phone Numbers" page (<https://clutterersanonymous.org/meetings/alternate-phone-numbers/>).

CLA Telephone Bridge Meetings – in English (Continued)

Day	Pacific Time	Eastern Time	Meeting Topic	U.S. Phone Number (* = international)	Access Code	Mute	Unmute
Saturday	8:30 p.m.	11:30 p.m.	Saturday Night Live and Let Live	712-770-4035 (*)	794364 #	*6	*6
Sunday	3 p.m.	6 p.m.	Devotional and Literature Meeting	515-604-9932 (*)	537636 #	*6	*6
Sunday	5 p.m.	8 p.m.	Nonphysical Clutter, CLA Literature & Writing	515-604-9021 (*)	102163 #	*6	*6
Sunday	6:30 p.m.	9:30 p.m.	Sunday Plan Your Week with the 9 th Leaflet	712-770-4010 (*)	852600 #	*6	*6

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CLA Telephone Bridge Meetings – in Other Languages

Day	Pacific Time	Eastern Time	Meeting Topic	U.S. Phone Number (* = international)	Access Code	Mute	Unmute
Monday	6:15 a.m.	9:15 a.m.	Step or Topic (In Italian. Meets 2 nd - 5 th Mondays.) On Hiatus	515-604-9048 (*)	784577 #	*6	*6
Lunedì	6:15 a.m.	9:15 a.m.	Passi o Argomento (In Italiano. Dal 2° al 5° lunedì del mese)  - SOSPESO	515-604-9048 (*)	784577 #	*6	*6

Skype® Meeting

Day	Time Zone	Time	Access Information
Thursday	GMT	7:30 to 8:30 p.m.	Search for CLA.UK on Skype and send a contact request to be added to meeting

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