

Index of Topics Covered in the CLArity Newsletter from the Spring 2007 through Summer 2017 Issues

12-Step Program

And religion—Fall 2013, pp. 1 & 3
Definition—Spring 2007, p. 1
With a sponsor—Holiday 2012, p. 8; Summer 2013, p. 8;
Holiday 2013, pp. 1 & 2; Spring 2014, p. 6
Why we work—Fall 2011, p. 5

12 Steps

Spring 2014, p. 6; Summer 2014, p. 8; Holiday 2014, p. 5;
Summer 2017, pp. 1, 2 & 3
And clutter—Spring 2013, p. 1; Spring 2014, p. 5
And resentment—Summer 2014, pp. 5 & 7
Benefits of—Spring 2010, p. 7; Summer 2010, p. 7;
Summer 2013, pp. 1 & 3; Spring 2014, pp. 4, 6 & 7
Freeing—Summer 2009, p. 4
Importance of—Fall 2009, pp. 5 & 6; Fall 2014, pp. 5 & 6
Writing—Spring 2017, p. 4
Step 1—Spring 2007, pp. 1 & 4; Summer 2013, p. 1;
Fall 2014, pp. 5 & 6; Fall 2016, p. 7
Steps 2 & 3—Summer 2007, pp. 1 & 4;
Holiday 2009, pp. 7 & 8; Summer 2013, p. 1;
Fall 2014, pp. 5 & 6; Fall 2016, p. 7
Step 4—Fall 2007, pp. 1, 3 & 4;
Spring 2010, pp. 3 & 5 (R); Fall 2012, p. 5;
Summer 2014, pp. 5 & 7; Summer 2017, p. 3
Step 5—Holiday 2007, pp. 1, 2 & 6
Steps 6 & 7—Spring 2008, pp. 1, 2 & 8
Step 7—Spring 2017, p. 4
Steps 8 & 9—Summer 2008, pp. 1, 2 & 8;
Summer 2015, pp. 6 & 7
Step 10—Fall 2008, pp. 1 & 2; Summer 2014, p. 7
Step 11—Holiday 2008, pp. 1, 2 & 8; Summer 2015, p. 7
Step 12—Spring 2009, pp. 1, 2 & 8; Fall 2015, p. 4 (R)
Steps (General)—Fall 2009, p. 3

12 Traditions

Summer 2013, p. 8; Holiday 2014, pp. 1 & 2;
Summer 2016, pp. 1 & 2; Holiday 2016, p. 3
And Anonymity—Holiday 2014, pp. 2 & 7
And Meetings—Holiday 2011, pp. 3 & 6
Applying Traditions—Summer 2009, p. 4;
Summer 2016, pp. 1 & 2
Attraction, not promotion—Spring 2015, pp. 1 & 7
Importance of—Summer 2009, p. 1, 2, & 8.; Fall 2013, p. 8
Reason for—Summer 2009, pp. 1 & 8
Tradition 1—Fall 2009, pp. 1, 2 & 8
Tradition 2—Holiday 2009, pp. 1, 2 & 8
Tradition 3—Spring 2010, pp. 1, 2 & 8
Tradition 4—Summer 2010, pp. 1, 2 & 8

Tradition 5—Fall 2010, pp. 1 & 7
Tradition 6—Holiday 2010, pp. 1, 2 & 8
Tradition 7—Spring 2011, pp. 1 & 7; Fall 2012, p. 8;
Fall 2016, pp. 1 & 3
Tradition 8—Summer 2011, pp. 1, 2 & 8
Tradition 9—Fall 2011, pp. 1, 2, & 8; Fall 2012, p. 5
Tradition 10—Holiday 2011, pp. 1, 2 & 8
Tradition 11—Spring 2012, pp. 1, 2 & 8
Tradition 12—Summer 2012, pp. 1, 2, 7 & 8

Abstinence

Summer 2015, pp. 1 & 7; Holiday 2015, p. 4
Need for—Holiday 2007, pp. 3 & 5

Action (See Also Tools: Daily Action)

Summer 2009, p. 4; Spring 2012, pp. 7 & 8;
Fall 2013, p. 6; Holiday 2013 p. 3
Easy Does it but do it!—Summer 2010, p. 3
In-home Action Group—Summer 2008, p. 1;
Spring 2015, p. 7 (R)
Right Action—Fall 2008, p. 7

Acceptance

Summer 2017, pp. 1 & 2

Advertising (See Media)

Affirmations

Action Is the Magic Word—Summer 2009, p. 4
Allot more time than needed—Fall 2011, p. 4;
Spring 2013, p. 8
Attention and action on clutter in present—
Holiday 2011, p. 7; Summer 2012, p. 4
Eliminate old activity before adding new—
Summer 2008, p. 2
If you're not having fun...—Summer 2007, p. 4
Let go of what is insignificant—Fall 2014, pp. 1 & 2
One day at a time—Spring 2008, p. 1
Set reasonable goals—Spring 2013, p. 8
With every item I release—Summer 2016, p. 6

Alcoholics Anonymous

Basis for CLA—Spring 2007, p. 1
Relationship with—Holiday 2013, p. 5

Amends

Summer 2015, pp. 6 & 7; Fall 2015, p. 3
And Steps—Summer 2008, pp. 1 & 8

(R) indicates article is a reprint.

Announcements of Note

CLA birthday—Holiday 2008, p. 7; Spring 2009, p. 7
Meeting Registration—Holiday 2011, pp. 2 & 6
Newcomer booklet—Fall 2008, p. 1
Nonprofit status—Fall 2008, p. 5

Anonymity

Holiday 2014, pp. 4 & 7
And Meeting Directory—Holiday 2011, p. 7
And newcomers—Summer 2012, p. 2
And Spirituality—Summer 2012, p. 1
And Traditions—Summer 2010, p. 1;
Spring 2012, pp. 1 & 2; Summer 2012, pp. 1, 2, 7 & 8
At Clutter-Free Day—Fall 2012, p. 6
At level of media—Spring 2011, p. 5;
Spring 2012, pp. 1, 2 & 8; Summer 2012, p. 2;
Summer 2016, pp. 1 & 3
Importance of—Holiday 2014, pp. 2 & 7

Appreciation (See Gratitude)

Artwork (Also See Poetry)

Artwork—Summer 2008, p. 7
Cartoon—Spring 2015, p. 3; Holiday 2015, p. 4;
Spring 2016, p. 7; Fall 2016, p. 6

Attitude

Change—Spring 2008, p. 1; Spring 2015, p. 4

Attraction, not Promotion

Spring 2012, pp. 1, 2 & 8; Spring 2015, pp. 1 & 7;
Summer 2015, p. 7; Spring 2015, pp. 1 & 7;
Summer 2016, pp. 1 & 3

Being Stuck

Overcoming—Summer 2008, p. 6; Spring 2009, p. 6;
Summer 2009, p. 4; Fall 2013, pp. 4 & 5;
Fall 2015, p. 6 (R); Fall 2016, pp. 1 & 7

Betrayal

Fall 2011, p. 6

Boundaries

Setting—Fall 2016, p. 7

Carry the Message

And Step work—Spring 2009, pp. 1 & 8;
Fall 2010, pp. 1 & 2; Summer 2011, p. 8
And Traditions—Holiday 2010, p. 1; Summer 2011, p. 8;
Holiday 2011, p. 8; Holiday 2016, p. 5
Public Information Officer—Summer 2016, pp. 1 & 3

CHAOS

Fall 2007, p. 4; Spring 2008, p. 1; Holiday 2011, p. 3;
Spring 2012, pp. 6 & 7; Summer 2013, pp. 4 & 7 (R)
Overcoming—Spring 2012, p. 3

Character Defects

Summer 2017, p. 6
And inventory—Holiday 2007, p. 2; Spring 2008, p. 1
Compulsive behaviors—Summer 2016, pp. 1 & 4

Checklist

Summer 2014, p. 2

CLA Committees

All committees—Summer 2009, p. 5; Spring 2010, p. 4;
Fall 2010, p. 5, Summer 2011, p. 5;
Spring 2014, pp. 3 & 6
All Phone Groups Committee—
Summer 2015, pp. 1, 3 & 4
As part of CLA Service Structure—Fall 2011, p. 2
CLArity—Summer 2009, p. 6; Spring 2010, p. 4;
Holiday 2010, p. 4; Spring 2011, p. 6;
Holiday 2011, pp. 1 & 3; Summer 2012, pp. 5 & 6;
Fall 2013, pp. 4 & 5; Fall 2016, p. 3; Holiday 2016, p. 4
Convention Committee—Holiday 2015, pp. 1 & 3
Cyber Committee & website—Fall 2014, pp. 2 & 6;
Summer 2015, p. 4
Executive Committee—Summer 2012, p. 6
Finance Committee—Holiday 2014, pp. 5 & 7
Literature Committee—Spring 2008, p. 6;
Spring 2009, p. 3; Spring 2010, p. 4;
Summer 2015, p. 4; Holiday 2015, p. 3
Registration Committee—Spring 2012, p. 5

CLA Conventions

Fall 2014, p. 1; Holiday 2014, pp. 1 & 6;
Summer 2015, p. 4; Summer 2015, p. 8;
Fall 2015, p. 8; Holiday 2015, p. 8; Spring 2016, p. 8;
Summer 2016, p. 8; Holiday 2016, p. 8; Spring 2017, p.
8; Summer 2017, pp. 3 & 8
Planning—Holiday 2015, pp. 1 & 3

CLA Meeting Directory (See Meetings.)

CLA History

CLA-East—Fall 2007, pp. 1 & 3; Holiday 2011, p. 4;
Fall 2012, pp. 6 & 7
CLA as a whole—Summer 2007, pp. 1 & 3;
Spring 2009, p. 5; Holiday 2009, pp. 4 & 5;
Summer 2014, pp. 1 & 2 (R)
WSO—Spring 2010, p. 1 & 7; Fall 2011, p. 8;
Summer 2014, p. 8

CLA Logo

Holiday 2012, p. 3

CLA Service Positions

All Levels—Summer 2008, p. 3; Summer 2011, p. 3;
Summer 2011, p. 8
Group level—Fall 2011, pp. 5 & 7
Intergroup Officers—Spring 2007, p. 1
WSO Officers—Spring 2007, p. 1; Holiday 2008, p. 5;
Summer 2011, p. 5; Holiday 2013, p. 3;
Spring 2016, pp. 1 & 6; Spring 2017, p. 5

CLA Service Structure

Delegates and Representatives—Spring 2010, pp. 5 & 7
Intergroups & WSO—Spring 2009, p. 5; Holiday 2016, p. 2
Organization—Fall 2011, p. 1; Fall 2011, p. 8

CLA Slogans

Summer 2017, p. 2
A Decision to Decide—Fall 2013, p. 2
Action is the magic word—Summer 2009, p. 4
Completion Cycle—Summer 2011, p. 6
Do One Thing at a Time—Holiday 2013, pp. 1 & 5
Easy Does it—Summer 2010, p. 3
Fake it ‘Til You Make It—Holiday 2014, p. 7
Good Orderly Direction—Spring 2017, p. 1
HALT—Spring 2009, p. 4; Fall 2016, p. 7
I Am Enough—Summer 2017, p. 6
It works if you work it—Spring 2010, p. 7
Keep It Simple—Summer 2014, p. 6
OHIO—Fall 2009, p. 6
Progress not perfection—Spring 2011, p. 6
Wait until the miracle happens—Holiday 2010, p. 4

CLA World Service Organization (WSO)

About—Summer 2008, p. 5; Fall 2012, pp. 5 & 8;
Holiday 2012, pp. 1 & 3; Summer 2015, p. 3
Beginnings—Fall 2011, p. 8; Summer 2014, p. 3 (R)
Benefits of—Summer 2008, p. 5
Committees (See CLA Committees.)
Communications—Fall 2008, p. 5
Delegates—Summer 2008, p. 5; Spring 2011, p. 5
Difference from intergroups—Spring 2009, p. 5;
Spring 2010, p. 5
Gratitude for—Holiday 2010, p. 5
Need for Service—Fall 2011, p. 4; Spring 2015, p. 1 & 6
New things—Spring 2010, p. 4
Objectives—Fall 2009, p. 4
Officer Guidelines—Holiday 2011, p. 5
Officer positions & elections—Spring 2008, p. 3;
Summer 2008, p. 3; Summer 2008, p. 1;
Holiday 2008, p. 5; Summer 2009, p. 5;
Summer 2010, p. 5; Summer 2012, p. 3;
Spring 2013, p. 5; Summer 2013, p. 5;
Spring 2014, p. 5; Summer 2015, p. 5;

Spring 2016, pp. 5 & 6; Summer 2016, p. 5
Problems—Fall 2009, p. 4
Purpose for—Spring 2011, p. 5
Who Attends—Summer 2008, p. 5
WSO Facts—Summer 2008, p. 5; Fall 2008, p. 5;
Holiday 2009, p. 5; Spring 2010, p. 1

CLArity

Article guidelines—Spring 2011, p. 6
Beginnings—Summer 2009, p. 6
Gratitude for—Holiday 2010, p. 4
Process—Summer 2009, p. 6; Holiday 2010, p. 4

Clutter

And awareness—Spring 2015, p. 1
And dating—Holiday 2015, pp. 6 & 7
And holidays—Holiday 2007, pp. 1 & 4
And inventory—Holiday 2007, p. 2
And moving—Fall 2015, pp. 5 & 8
And recycling—Fall 2015, p. 6
And shame—Holiday 2014, p. 4
And Stress—Spring 2015, p. 4; Holiday 2016, pp. 1 & 2
And television—Summer 2015, pp. 5 & 7;
Summer 2016, p. 4
Tuning out—Spring 2015, pp. 1 & 6

Clutter Fog

with Step work—Spring 2007, p. 1; Spring 2009, p. 4

Clutter-Free Day (CFD)

Berkeley, CA—Holiday 2009 p. 3
CLA-East—Summer 2007, p. 4; Fall 2007, p. 1;
Holiday 2007, p. 3; Summer 2008, p. 6;
Fall 2009, p. 4; Spring 2010, p. 6; Fall 2010, p. 7;
Spring 2011, p. 3; Summer 2011, pp. 3 & 4;
Fall 2013, p. 5; Fall 2014, pp. 4 & 5;
Fall 2015, pp. 5 & 7; Fall 2016, p. 4; Holiday 2016, p. 3
General CFD information—Spring 2010, p. 6;
Fall 2012, pp. 6 & 7
Southern California—Holiday 2008, p. 6;
Holiday 2010, p. 2

Clutter-free Zone

Fall 2015, p. 4

Commitment/Commitments

Spring 2011, p. 7; Spring 2014, p. 2; Summer 2016, pp. 5;
Summer 2017, p. 3 & 6
And service—Fall 2011, p. 7; Holiday 2016, p. 3
Keeping—Fall 2008, p. 7

Value of keeping—Spring 2009, p. 4

Communication in CLA

Between co-chairs—Fall 2008, p. 1

Disseminate info—Spring 2008, p. 7

Completion Cycle (see maintenance)

Concepts of Service

Fall 2007, p. 3; Fall 2008, p. 3

Crosstalk

Spring 2012, p. 3

Decisions

Holiday 2008, p. 2; Fall 2013, p. 3; Summer 2014, p. 6;
Spring 2016, pp. 1, 3, 4, 7 & 8; Fall 2016, pp. 1 & 2;
Holiday 2016, p. 1; Holiday 2016, p. 7

And procrastination— Spring 2014, p. 3;
Spring 2016, pp. 1 & 7; Fall 2013, p. 3; Spring 2016,
pp. 1 & 2

Decluttering Success

Fall 2007, p. 4; Fall 2009, p. 3; Holiday 2009, p. 1;
Summer 2010, p. 4; Holiday 2010, p. 5;
Fall 2011, p. 8; Spring 2012, pp. 7 & 8;
Fall 2012, pp. 1, 4 & 7; Spring 2013, p. 4.;
Fall 2014, p. 7; Holiday 2014, pp. 3 & 7;
Spring 2015, p. 4; Summer 2015, pp. 1 & 2;
Holiday 2015, p. 5; Spring 2016, pp. 1 & 2;
Summer 2016, pp. 5 & 6; Summer 2016, p. 6;
Fall 2016, p. 4; Fall 2016, p. 6; Holiday 2016, pp. 1 &
2; Spring 2017, pp. 1, 2, 3, 4 & 6; Summer 2017, pp. 2
& 6

Able to bypass store—Fall 2007, p. 4

Able to pass up freebies—Summer 2010, pp. 2 & 8;
Spring 2015, p. 4

Able to invite guests over—Fall 2007, p. 1

Alternating Activities—Summer 2008, p. 1

And angst—Holiday 2015, pp. 1 & 5

And daily action—Fall 2010, p. 1; Fall 2014, pp. 6 & 7;
Holiday 2014, pp. 5 & 6; Fall 2016, p. 7

And holidays—Holiday 2007, p. 4

And meetings—Summer 2010, p. 7

And moving— Fall 2015, pp. 1 & 2

And recycling—Spring 2015, pp. 1 & 2

And Release Victories Session— Holiday 2014. pp. 3 & 7

And service—Fall 2008, p. 3

Completion Cycle—Summer 2009, p. 3

In-home action group—Summer 2008, p. 1;
Spring 2015, p. 7 (R)

Journey of—Holiday 2008, p. 1; Holiday 2010, p. 1

Kitchen—Spring 2008, p. 1; Summer 2013, pp. 4 & 7 (R)

Motivation—Summer 2010, p. 6

Office Supplies—Fall 2007, p. 4

Paper—Fall 2009, p. 1; Fall 2009, p. 7;

Summer 2010, p. 2; Spring 2011, p. 1;

Summer 2012, p. 4; Fall 2012, pp. 1 & 5; Fall 2012, p
8; Spring 2013, p. 3; Spring 2013, pp. 3 & 5;

Fall 2015, p. 5; Summer 2016, p. 4; Fall 2016, p. 7;

Spring 2017, p. 4; Summer 2017, p. 2

Putting away purchases—Fall 2010, p. 1

Release to Charities—Holiday 2007, p. 4

Sharing—Summer 2011, p. 6

Streamlining—Fall 2012, pp. 1 & 4

Storage unit—Spring 2010, p. 8

Using buddies—Summer 2008, p. 7

Using help— Spring 2016, pp. 4 & 8

Using technology—Fall 2012, p. 8; Holiday 2012, p. 5;
Spring 2013, p. 7

Using tools—Holiday 2007, p. 6; Summer 2013, pp. 5 & 6

While working Steps with sponsor—Spring 2013, p. 3

Declutterthon

Summer 2013, p. 6; Summer 2015, p. 3; Spring 2017, p. 6

Denial

Breaking down—Holiday 2015, p. 6

Depression

Fall 2011, p. 6; Holiday 2011, p. 3; Holiday 2013, p. 6;
Spring 2017, p. 5

Disruptive or Controlling Member(s)

And Traditions— Spring 2016, pp. 5 & 7

And service—Summer 2012, p. 7

How group was affected—Fall 2008, p. 4;
Holiday 2008, p. 4

How solved—Fall 2008 p. 4

Interrupting and Yelling— Summer 2011, p. 4

Empty Space

Summer 2017, p. 8

Excess Purchases

Avoiding—Fall 2010, p. 1

Experience Greed

Fall 2015, p. 3; Summer 2016, pp. 1 & 4

Experience, Strength and Hope (ESH)

Spring 2012, p. 3; Spring 2014, p. 5

Family (See Relationships)

Fear

Spring 2008, pp. 1 & 2; Holiday 2008, p. 4;
Spring 2015, pp. 3 & 5; Spring 2016, pp. 4 & 8;
Summer 2016, pp. 1 & 4
And procrastination— Spring 2014, p. 3;
Summer 2015, pp. 4 & 6
As motivator—Summer 2014, p. 6

Feeling Alone

Summer 2011, p. 6

Fellowship of Program Members

Fall 2011, p. 4
And recovery—Summer 2014, pp. 3 & 4
Clutter-Free Day—Holiday 2007, p.4

Finding/Losing Things

And clutter—Summer 2014, pp. 1
Losing things—Summer 2014, p. 4

Flat Space

Spring 2008, p. 1; Fall 2009, p. 7

Forgiveness

Summer 2008, p. 8; Spring 2010, p. 4

Focus on Self

Summer 2011, p. 6

Found Items

While decluttering—Spring 2008, p. 1;
Summer 2012, pp. 4 & 7

God (See Higher Power)

Governing

Fall 2011, pp. 1, 2, & 8; Fall 2012, p. 5

Gratitude and Appreciation

Spring 2017, p. 2; Summer 2017, p. 4
For CLArity—Holiday 2010, p. 4
For WSO—Holiday 2010, p. 5
Gratitude and accomplishments journal—
Holiday 2012, pp. 2 & 4

Group Autonomy

And Traditions—Summer 2010, p. 1

Group Conscience

Fall 2007, p. 3; Summer 2012, p. 6; Summer 2013, p. 7
Decision making—Fall 2008, p. 3;
Holiday 2009, p. 1,2 & 8; Summer 2010, p. 3;
Fall 2011, p. 8

Group Dynamics

Fall 2016, p. 3
Affects recovery—Fall 2008, p. 4; Holiday 2008, p. 4
And Traditions— Fall 2009, p. 1; Holiday 2009, pp. 1 & 2;
Spring 2010, p. 8; Holiday 2011, pp. 3 & 6;
Fall 2013, p. 8; Holiday 2014, pp. 1 & 2
Democratic groups—Holiday 2009, p. 1;
Holiday 2011, pp. 3 & 6
Guidelines—Summer 2015, p. 4
Interruptions—Summer 2011, p. 4; Spring 2012, p. 3
Leadership rotation—Summer 2014, p. 5
Losing members—Summer 2010, p. 4
Overcoming problems—Fall 2008, p. 4; Holiday 2008, p. 4
Purchases—Summer 2010, pp. 3 & 6

Group Stories

Baltimore, MD—Summer 2008, p. 6
Declutterthon—Summer 2009, p. 6
London, England—Holiday 2008, p. 4
Los Angeles Civic Center—Spring 2011, p. 7;
Summer 2016, pp. 5 & 6 (R)
North Hollywood, CA—Fall 2008, p. 4
Springfield, Massachusetts—Spring 2012, pp. 6 & 7
Teaneck, New Jersey— Summer 2013, p. 3; Summer 2017,
p. 3
Whittier, CA—Summer 2010, p. 4

Guilt (See Shame)

Habits

Spring 2008, p. 1; Fall 2015, pp. 1 & 3
And daily action—Fall 2015, p. 3
And family—Holiday 2007, p. 3
Changing— Fall 2015, p. 8
Learning healthy—Summer 2011, p. 6

Help

Fall 2007, pp. 1 & 3; Spring 2016, pp. 4 & 6

Higher Power (or God)

Spring 2008, p. 4; Spring 2016, p. 8; Summer 2017, p. 1;
Summer 2017, p. 3; Summer 2017, p. 4
And religion— Fall 2013, p. 2
And Steps—Summer 2007, p. 4; Summer 2013, p. 3
And Tools—Holiday 2010, p. 7
Asking for help—Spring 2008, p. 1; Holiday 2009, p. 7;
Fall 2016, p. 7
Filling the Void—Holiday 2014, p. 4
Finding—Fall 2007, p. 4
God and Higher Power—Spring 2010, p. 5
Good Orderly Direction— Spring 2017, p. 1
In meetings—Fall 2011, p. 4
Letting Go— Summer 2013, p. 3; Summer 2015, p. 3
Relationship with—Fall 2007, p. 1; Holiday 2008, p. 8;
Fall 2011, pp. 5 & 7; Spring 2012, p. 5; Fall 2012, p. 5;
Fall 2012, p. 7; Holiday 2012, p. 8; Fall 2016, p. 4
Turning will (or life) over to—Summer 2007, p. 2;
Holiday 2010, pp. 7; Summer 2011, p. 6;
Spring 2013, pp. 1 & 3; Summer 2013, p. 1;
Fall 2014, pp. 5 & 6; Holiday 2015, p. 6

Hoarding

Fall 2007, p. 4; Holiday 2016, p. 3

Holiday Articles

And clutter—Holiday 2013, pp. 1 & 3
Entertaining—Holiday 2012, pp. 1 & 7
Holidays and clutter—Holiday 2007, p. 1 & 4
Hope—Fall 2008, pp. 4 & 6
Preparing for the Season—Fall 2008, p. 6
Spirituality—Holiday 2008, p. 6
Procrastination & overscheduling—Holiday 2009, p. 1

Hospital & Institutions [H & I] (See Outreach)

Humility

And group will—Fall 2009, p. 1 & 2
And anonymity—Summer 2012, pp. 2 & 8;
Holiday 2014, p. 7
Turn over to God—Spring 2007, p. 2

Humor

A humorous wording—Fall 2008, p. 7; Holiday 2016, p. 4;
Spring 2017, p. 3
Cartoon—Spring 2015, p. 3; Holiday 2015, p. 4;
Spring 2016, p. 7; Fall 2016, p. 6; Holiday 2016, p. 7;
Spring 2017, p. 7; Summer 2017, p. 7
Summer Camp—Summer 2015, pp. 1 & 2

In-Home Action Team

Summer 2008, pp. 1 & 4; Spring 2015, p. 7 (R)

Intergroups

Spring 2013, p. 3
CLA-East—Fall 2007, pp. 1 & 3; Fall 2008, p. 1;
Holiday 2010, p. 1; Holiday 2011, p. 4

Interruptions (See Group Dynamics)

Inventory

Spring 2012, p. 6; Summer 2014, pp. 4 & 7;
Fall 2016, p. 7; Summer 2017, p. 3
And service—Summer 2012, p. 1
Functions of—Holiday 2007, pp. 1 & 2
Sharing w/other—Holiday 2007, pp. 1 & 2

Isolation and Emptiness

Holiday 2013, pp. 4 & 6; Summer 2015, pp. 5 & 7;
Holiday 2016, p. 3
Alleviating—Summer 2008, p. 4
And trust—Fall 2011, p. 6
Meetings—Summer 2009, p. 8

Judging Others

Summer 2011, p. 4
Suspending Judgment—Spring 2012, p. 3

Keep Coming Back

Spring 2011, p. 7; Summer 2016, pp. 5 & 6

Letter from the Chair

Alison B., NJ—Spring 2008, p. 7; Summer 2008, p. 4;
Fall 2008, p. 4; Holiday 2008, p. 4; Spring 2009, p. 4;
Summer 2009, p. 4; Fall 2010, p. 4; Holiday 2010, p. 4;
Spring 2011, p. 1, Summer 2011, p. 4; Fall 2011, p. 4;
Holiday 2011, p. 4; Summer 2012, p. 4
Deborah G.— Holiday 2013 p. 4; Spring 2014, pp. 1 & 4;
Summer 2014, p. 4; Fall 2014, p. 4; Holiday 2014, p. 4;
Spring 2015, pp. 1 & 6; Summer 2015, p. 4
Kathy H., CA —Fall 2009, p. 4; Holiday 2009, p. 4;
Spring 2010, p. 4; Summer 2010, p. 4
James C., NY—Fall 2016, p. 4; Summer 2017, p. 4
Stephanie A., Holiday 2012, p. 4; Spring 2013, p. 4

Letting Go

Fall 2012, p. 7; Summer 2015, p. 3
Let go and let God—Fall 2007, p. 1
Of control— Holiday 2011, p. 6
Of resentments—Summer 2014, pp. 4 & 7
Using Steps—Spring 2008, p. 1; Spring 2008, p. 8;
Summer 2008, p. 8

Literature (See also Tools of Recovery.)

A.A. Literature—Fall 2009, pp. 2 & 7; Fall 2010, p. 3; Fall 2011, p. 7; Fall 2013, p. 8; Holiday 2013, p. 5

CLA Literature—Fall 2009, p. 7; Spring 2009, p. 3; Fall 2011, p. 7; Holiday 2015, p. 3; Summer 2017, p. 6

Code of Conduct— Spring 2016, p. 6

Declutter Your Mind, Fall 2012, p. 4; Spring 2013, pp. 6 & 8

Decluttering Resentment—Summer 2008, p. 8; Spring 2010, p. 4; Summer 2014, pp. 5 & 7

Finding Your Life Purpose— Summer 2013, pp. 1 & 3

Home: Our Sacred Place—Spring 2012, pp. 1 & 5; Holiday 2013, p. 6

Is CLA for You? Newcomer's Guide—Fall 2008, p. 1

Measuring Progress on Our Journey in Recovery— Summer 2015, p. 3; Holiday 2015, p. 4; Fall 2016, p. 1

Spiritual Timing—Fall 2015, pp. 3 & 8

Welcome Leaflet— Spring 2016, pp. 3 & 4; Summer 2016, p. 7; Fall 2016, p. 5; Holiday 2016, p. 4; Spring 2017, pp. 6 & 8

Non-CLA Literature—Fall 2009, p. 7; Holiday 2009, pp. 6 & 7; Summer 2010, p. 8; Fall 2011, p. 7; Summer 2016, pp. 4 & 5

What literature—Fall 2010, p. 3; Holiday 2011, p. 8

Mail (See Paper)

Maintenance

Holiday 2011, p. 7; Fall 2015, p. 3; Fall 2016, p. 7; Spring 2017, pp. 5 & 8

Completion Cycle—Summer 2009, p. 1; Summer 2011, pp. 3 & 6

Marathon

Phone groups—Summer 2009, p. 6

Media (print, film, TV, etc.)

Spring 2012, pp. 1, 2, & 8; Summer 2015, p. 7

And anonymity—Summer 2012, pp. 2 & 8

Advertising and public media—Spring 2011, p. 4

Cooperation with—Summer 2012, p. 2

Hoarding shows—Summer 2010, pp. 1 & 3; Spring 2011, p. 4

TV—Spring 2011, p. 4

Meditation

Holiday 2014; p. 8

And Higher Power—Holiday 2012, p. 6; Summer 2015, p. 3

On home—Spring 2012, p. 5

Meetings (also see Groups, Tools of Recovery)

Business meetings—Fall 2007, p. 3; Fall 2008, p. 3

CLA Directory— Holiday 2011, p. 7; Holiday 2015, pp. 5 & 7

Closed meeting—Summer 2012, p. 6

Finding space—Fall 2013, p. 4

Leading—Summer 2009, p. 3; Fall 2012, p. 3

No meetings—Summer 2009, p. 8; Fall 2015, p. 6

Phone groups—Spring 2008, p. 5; Summer 2009, p. 8; Fall 2012, p. 3

Registration— Holiday 2011, pp. 2 & 6; Spring 2012, p. 5; Fall 2014, p. 8; Holiday 2015, pp. 5 & 7

Search for—Holiday 2009, p. 1

Starting meeting—Fall 2010, p. 1; Holiday 2010, p. 6; Spring 2011, p. 7; Fall 2011, p. 8; Holiday 2013, p. 4; Summer 2016, pp. 5 & 6

Which to attend—Fall 2012, p. 3

Message of Recovery

CLA's purpose—Fall 2008, p. 1; Fall 2010, p. 1

Mind Clutter

Holiday 2008, pp. 1, 2, 6 & 7; Spring 2013, p. 6; Summer 2017, p. 4

Motivation

Motivation for clutter—Summer 2015, pp. 4 & 6

Motivation to declutter —Holiday 2007, pp. 3 & 6; Summer 2010, p. 6; Summer 2013, p. 4; Fall 2015, p. 7; Spring 2017, p. 5

Mourning Loss of Clutter

Spring 2013, pp. 1 & 3; Summer 2015, p. 3

Newcomers

Fall 2010, p. 8

Advice—Fall 2015, pp. 1 & 2

Finding Meetings—Holiday 2015, pp. 5 & 7

Nonphysical Clutter

Spring 2015, p. 1; Spring 2015, p. 7; Summer 2016, pp. 1 & 4

Mind Clutter—Summer 2016, pp. 3 & 7

Nonprofit Status

501(c)3 obtained—Fall 2008, p. 5

Officers' Corner

Alison B., NJ—Holiday 2007, pp. 1 & 5;
Spring 2010, p. 1; Holiday 2015, pp. 1 & 3
Audrey L., KY—Summer 2015, pp. 1 & 3
Andrew S., MD—Summer 2008, p. 1
Betsey K., NJ—Spring 2009, p. 1; Summer 2011, p. 1
Bobbi H., NJ—Spring 2012, pp. 1 & 3
Carol N., CA—Summer 2008, p. 1 & 3
Dody W., PA, Summer 2016, pp. 1 & 3
James C., NY—Spring 2013, pp. 1 & 3
Jan G., CA—Summer 2007, p. 1; Spring 2008, pp. 1 & 7;
Fall 2011, p. 1
Jane M., CA—Summer 2009, p. 1
Jeannie B., CA—Spring 2014, p. 8
Judy K., FL—Holiday 2014, pp. 1 & 3
Kathy H., CA—Holiday 2008, p. 1; Fall 2010, p. 1
Marie M., NY—Fall 2009, p. 1
Martha H., MD—Holiday 2012, pp. 1 & 3;
Spring 2016, pp. 1 & 3
Mary P., NY—Fall 2007, p. 1; Summer 2010, p. 1 & 3
Officers Serving, CLA-East and WSO—Holiday 2011, p. 1
Peter L., NJ—Holiday 2009, p. 1
Ron M., PA—Holiday 2016, pp. 1 & 3
Ruthe S., PA—Summer 2008, p. 1; Holiday 2010, p. 1
Ted S., NY—Fall 2014, pp. 1 & 3
Wendy L., IL—Summer 2013, pp. 1 & 3

Organizers (See Professionals)

Organizing

Spring 2014, pp. 1 & 5; Spring 2016, pp. 2 & 6;
Spring 2016, p. 8; Summer 2017, p. 4; Summer 2017,
p. 5

Outreach

Holiday 2007, p. 4; Summer 2011, pp. 1 & 6;
Spring 2012, pp. 6 & 7; Spring 2014, p. 2

Outside Enterprises/Issues

And Traditions—Summer 2010, p. 8; Fall 2010, pp. 2 & 7;
Holiday 2010, p. 1; Holiday 2010, p. 8;
Summer 2010, p. 1; Spring 2011, pp. 4 & 5;
Holiday 2011, pp. 1, 2, & 8
Employment of CLA members—Summer 2011, p. 2
Literature (in meetings)—Fall 2011, p. 7

Overwhelm

As blockage or procrastination—Holiday 2007, p. 6;
Spring 2014, p. 3; Fall 2015, p. 7

Overcommitment

Holiday 2011, p. 4

Paid Workers

Tradition 8 Summer 2011, p. 1 & p. 8;

Paper Clutter

Fall 2009, p. 1; Fall 2009, p. 7; Summer 2010, p. 2;
Spring 2011, p. 1; Summer 2012, p. 4; Fall 2012, p. 1;
Fall 2012, p. 8; Summer 2014, pp. 1 & 2;
Spring 2015, pp. 3 & 5; Summer 2015, p. 3;
Fall 2015, p. 6; Spring 2016, pp. 1 & 7;
Summer 2016, p. 4; Holiday 2016, p. 4
And Holiday—Holiday 2007, p. 1
And Summer—Summer 2014, pp. 1 & 4
Mail—Summer 2014, pp. 1 & 2

Peace of Mind

And time—Fall 2011, p. 4

Perfection (See Progress/Perfection)

Planning

—Fall 2008, p. 8; Spring 2013, p. 6
And entertaining—Holiday 2012, p. 7
Travel—Fall 2013, p. 7

Phone Groups and Activities

General information—Spring 2008, p. 5;
Holiday 2014, pp. 3 & 7
No face to face meeting—Summer 2009, p. 8

Physical, Emotional, Spiritual (See Three-fold Disease)

Poetry

Happy Birthday, CLA—Holiday 2009, p. 5
Hoarding—Fall 2009, p. 8
I Hear You—Holiday 2013, p. 7; Spring 2014, p. 4
One—Spring 2010, p. 7
Releasing My Clutter Comes from Releasing Myself—
Fall 2013 p. 6
Willingness to Do Less—Holiday 2010, p. 1

Powerlessness

with Clutter—Spring 2007, pp. 1 & 4; Summer 2013, p. 1;
Fall 2014, pp. 5 & 6; Summer 2017, p. 1

Prayer and Meditation

Summer 2017, p. 1
To avoid cluttering—Fall 2008, p. 8
To declutter mind—Holiday 2008, p. 6
To talk to HP—Holiday 2008, p. 1

Principles Before Personalities

Summer 2011, pp. 4 & 6; Holiday 2014, p. 2;
Summer 2016, p. 2; Holiday 2016, p. 3; Holiday 2016,
p. 5
And anonymity—Summer 2012, p. 2
And service—Summer 2012, p. 1

Procrastination

Holiday 2007, p. 6; Holiday 2011, p. 7;
Spring 2012, p. 4; Spring 2013, pp. 1 & 8;
Fall 2013, p. 6; Spring 2014, pp. 1 & 3;
Summer 2014, pp. 1 & 2; Fall 2014, pp. 6 & 7; Holiday
2016, p. 2; Spring 2017, pp. 5 & 8; Spring 2017, p. 8;
Summer 2017, p. 5
And amends—Summer 2015, pp. 6 & 7
And daily action—Holiday 2014, p. 6; Fall 2015, pp. 1 & 3
And fear—Spring 2014, p. 3; Summer 2014, p. 1
And relationships—Fall 2014, pp. 6 & 7
And mail—Summer 2014, pp. 1 & 2;
Spring 2015, pp. 3 & 5
And sponsorship—Holiday 2013, p. 2
And Tools—Fall 2014, p. 7
Completion Cycle—Summer 2011, p. 3
Effect on Others—Spring 2009, p. 4
Holidays—Holiday 2009, p. 1; Holiday 2013 p. 3
Recovering from—Holiday 2011, p. 7
Step work—Spring 2009, p. 4; Summer 2009, p. 4

Professionals

Summer 2016, p. 3
Tradition 8—Summer 2011, p. 1
Using professionals—Spring 2016, pp. 4 & 8; Holiday
2016, p. 2

Progress/Perfection

Holiday 2014, pp. 5 & 6; Fall 2015, p. 7;
Spring 2016, p. 1; Fall 2016, pp. 1 & 2; Fall 2016, p.
2; Fall 2016, p. 8; Spring 2017, p. 1; Spring 2017, p. 6;
Summer 2017, p. 3
and affirmation—Spring 2011, p. 6

Prudent Reserve

Spring 2011, p. 2

Public Information

Fall 2007, p. 1; Summer 2010, p. 1 & 3;
Summer 2016, pp. 1 & 3
Policy—Summer 2010, p. 1

Purchases and Shopping

Fall 2008, p. 1; Fall 2016, p. 5; Spring 2017, p. 1
And gifts—Holiday 2013, p. 3
Avoiding—Fall 2010, p. 1; Fall 2012, p. 1
Putting away—Fall 2010, p. 1
Returning—Fall 2016, pp. 1 & 2

Recovery in CLA

Holiday 2008, p. 1; Holiday 2010, p. 1;
Holiday 2013, pp. 4, 5 & 6; Spring 2015, pp. 1, 2 & 4;
Holiday 2016, pp. 1 & 3; Summer 2017, p. 4; Summer
2017, p. 5
And spirituality—Fall 2008, pp. 4 & 6
Have fun decluttering—Summer 2007, p. 4; Holiday 2016,
p. 2
Higher Power—Holiday 2009, p. 7
In Fellowship—Spring 2014, p. 4; Summer 2014, p. 4;
Spring 2015, p. 4
Journey of recovery—Holiday 2008, p. 8;
Holiday 2010, p. 4; Fall 2012, p. 7
Meetings—Fall 2010, p. 1
Paper clutter—Fall 2009, p. 7
Printed materials—Summer 2010, p. 2
Procrastination—Holiday 2011, p. 7
Three A's—Spring 2009, p. 7
Thrift shop, dumpster diving, yard sales—Fall 2008, p. 8
Tools of Recovery—Holiday 2007, p. 6; Holiday 2010, p. 7
Using 12 Steps—Spring 2011, p. 4

Relationships

Fall 2007, p. 1; Fall 2012, p. 5; Holiday 2015, pp. 1 & 7;
Fall 2016, p. 8; Summer 2017, p. 6
And Clutter—Holiday 2007, p. 3; Fall 2015, pp. 1 & 7;
Fall 2016, p. 5
How family has affected clutter habits—Holiday 2007, p. 3;
Fall 2012, p. 7; Spring 2017, pp. 1 & 4
And trust—Fall 2011, p. 6
In service—Fall 2008, p. 4; Spring 2009, p. 4;
Spring 2011, p. 3

Releasing

Fall 2014, pp. 1 & 3; Summer 2015, p. 3; Holiday 2016, p.
4; Holiday 2016, p. 6; Summer 2017, p. 6

Resentments

Spring 2008, pp. 1, 2 & 7; Summer 2008, p. 8;
Spring 2011, p. 4; Summer 2011, p. 7 (R);
Fall 2012, p. 7; Summer 2013, p. 8;
Summer 2014, pp. 5 & 7; Summer 2016, pp. 3 & 7;
Summer 2017, p. 3; Summer 2017, p. 6
Need to release—Spring 2010, p. 4
Removing—Fall 2007, p. 4; Fall 2008, p. 8;
Spring 2010, pp. 3 & 4 (R)
Self-centeredness—Spring 2008, p. 2

Responsibility

Spring 2009, p. 4; Spring 2015, pp. 1 & 2

Rotation of Service

Fall 2009, p. 8; Summer 2012, p. 7; Holiday 2012, p. 6
Lack of—Holiday 2011, pp. 3 & 6

Self-esteem

And program—Spring 2011, p. 1

Self-Supporting

Reasons why—Spring 2011, p. 1

Self-Will

Summer 2012, p. 8

Service (Also see Tools of Recovery.)

Fall 2009, p. 3; Fall 2010, p. 4; Summer 2011, p. 1;
Fall 2016, p. 3; Holiday 2016, p. 3; Holiday 2016, p. 3;
Summer 2017, p. 4

And recovery—Summer 2007, p. 3 ; Fall 2007, p. 1;
Holiday 2008, p. 1; Fall 2010, p. 4

Holiday 2010, p. 1; Holiday 2010, p. 6;

Holiday 2012, pp. 3 & 4; Spring 2015, p. 6;

Fall 2015, pp. 4 & 7

And spiritual—Spring 2008, p. 1

And Steps—Holiday 2012, p. 6

And Traditions—Summer 2012, p. 8

As a way of life—Summer 2008, p. 3; Fall 2009, p. 3

As part of Step 12—Summer 2007, p. 3

Benefits of—Spring 2008, p. 7; Summer 2008, p. 4;

Summer 2009, p. 3; Fall 2010, p. 4; Spring 2010, p. 1;

Fall 2011, pp. 1 & 7; Spring 2012, p. 3;

Holiday 2012, pp. 1, 3 & 6; Spring 2013, p. 4;

Summer 2013, p. 3; Fall 2012, p. 4;

Spring 2013, pp. 4 & 5; Holiday 2013, p. 4;

Spring 2014, pp. 3 & 6; Summer 2014, p. 4;

Summer 2014, pp. 5 & 6; Fall 2014, p. 3;

Summer 2015, p. 7; Holiday 2015, p. 7; Summer 2017,

p. 4

Betsey K., NJ—Spring 2007, p. 3; Summer 2011, p. 1;

Holiday 2013, pp. 3 & 4

Committees—Spring 2010, p. 4; Holiday 2015, pp. 1 & 3

Group Level—Summer 2009, p. 3; Fall 2011, p. 5

Joys of—Summer 2008, p. 3; Holiday 2012, p. 6

Kathy H., NJ—Fall 2007, p. 3

Group conscience—Fall 2008, p. 3

Meetings—Fall 2007, p. 3; Summer 2009, p. 3;

Fall 2012, p. 3

Need for volunteers—Summer 2011, p. 3;

Holiday 2011, p. 1

Reason for—Spring 2010, p. 1

So Cal CFD—Holiday 2008, p. 3

Spirit of Service—Fall 2011, p. 2

WSO—Fall 2012, pp. 5 & 8

Service Positions (See CLA Service Positions)

Setting Goals

Realistic—Summer 2011, p. 6

Shame and Guilt

Fall 2007, p. 1; Spring 2012, pp. 7 & 8; Holiday 2015, p. 4;
Spring 2017, pp. 2 & 4; Summer 2017, p.1 & 2

Spirituality

Summer 2013, pp. 1 & 4; Spring 2016, pp. 3 & 4;

Fall 2016, p. 3; Summer 2017, p. 1

And 12 Steps—Summer 2007, p. 1; Spring 2009, p. 5

Fall 2015, p. 4

And holidays—Holiday 2008, p. 6

And service—Summer 2012, p. 7

Awakening—Spring 2009, p. 8

Aware—Holiday 2009, P. 1

Basis for recovery—Fall 2008, pp. 4 & 6;

Summer, 2011, p. 5

Sponsorship (See also Tools of Recovery)

Summer 2013, p. 8; Fall 2015, p. 4; Spring 2017, p. 8;

Summer 2017, p. 1; Summer 2017, p. 3

Benefits of sponsoring—Spring 2009, p. 5;

Summer 2014, p. 6

How to find—Spring 2007, pp. 1 & 3; Summer 2014, p. 6

Lack of in CLA—Spring 2007, p. 1; Spring 2009, p. 6;

Summer 2009, p. 4

Working the Steps with—Holiday 2012, p 8

Spring Cleaning

Spring 2014, pp. 1 & 4

Storage Unit

—Spring 2010, p. 8; Fall 2015, pp. 1 & 7

Stress

Summer 2013, pp. 1 & 3; Summer 2017, p. 4

And clutter—Spring 2015, p. 4; Spring 2016, pp. 1 & 2;

Holiday 2016, p. 1

And holiday—Holiday 2015, pp. 1 & 5

And Planning—Spring 2015, pp. 4 & 8

And procrastination—Spring 2013, p. 8

And time—Fall 2011, p. 4

And travel— Fall 2013, pp. 1 & 7

Struggle with Clutter

Overcoming—Spring 2009, p. 6; Summer 2009, p. 4;

Holiday 2016, pp. 1 & 2

Sharing—Summer 2011, p. 6

Summer

Summer 2015, pp. 1 & 2

And clutter—Summer 2014, pp. 1 & 4

Challenges and solutions—Summer 2009, p. 1 & 5

Summer travel—Summer 2010, p. 1

Surrender

Holiday 2007, p. 6; Holiday 2015, p. 6
with Step 1—Spring 2007, p. 1; Summer 2017, p. 2

Technology

Fall 2012, p. 8; Holiday 2012, pp. 5 & 7; Spring 2013, p. 7
Using to reduce clutter—Fall 2012, p. 8

Three A's (Acceptance, Awareness, and Action)

Spring 2009, p. 7

Three-fold Disease

Spring 2016, p. 3
Alleviate by Step work—Spring 2007, p. 1

Thrift Shops, Dumpster Diving, Yard Sales

Avoiding—Fall 2008, p. 8
Giving to thrift shops—Fall 2012, p. 4; Holiday 2014, p. 3

Time Clutter

Spring 2012, p. 4; Summer 2016, pp. 5 & 7
And earmarking—Holiday 2010, p. 6
And holidays/seasons—Holiday 2013 p. 3;
Summer 2014, pp. 1 & 4
And reality—Summer 2014, p. 4
Printed materials—Spring 2011, p. 1

Timer

Using to declutter—Spring 2008, p. 4;
Summer 2012, pp. 4 & 7

Tools of Recovery

All tools—Holiday 2007, p. 6; Holiday 2010, p. 7;
Spring 2016, pp. 2 & 6
Bookending—Fall 2008, p. 7; Fall 2009, p. 7;
Summer 2011, p. 6; Fall 2013, p. 3; Holiday 2013, p. 8;
Spring 2016, p. 1; Summer 2016, p. 2; Spring 2017, pp.
1 & 3; Summer 2017, p. 5
Buddies—Holiday 2007, p. 6; Summer 2008, p. 7;
Summer 2010, p. 4; Summer 2011, p. 6;
Holiday 2013, p. 8; Summer 2014, p. 4
In-Home Action Team—Summer 2008, p. 1;
Spring 2015, p. 7 (R)
Daily Action—Holiday 2007, pp. 5 & 6; Spring 2008, p. 7;
Summer 2008, p. 1; Fall 2008, pp. 1 & 2;
Summer 2010, p. 4; Fall 2010, p. 6; Fall 2010, p. 1;
Holiday 2010, p. 7; Summer 2011, p. 6;
Holiday 2011, p. 8; Summer 2012, p. 4; Fall 2012, p. 8;
Holiday 2013, p. 4; Fall 2014, p. 7;
Holiday 2014, pp. 5 & 6; Fall 2016, p. 7
In working the Steps—Holiday 2012, p. 8;
Spring 2015, pp. 3 & 5; Fall 2015, pp. 1 & 3;
Spring 2016, p. 2; Spring 2017, p. 8; Summer 2017, p.
5
Earmarking—Holiday 2007, p. 6; Fall 2010, p. 2;

Holiday 2010, p. 6; Spring 2013, p. 7; Fall 2013, p. 7;
Fall 2015, p. 6; Spring 2016, pp. 1 & 7; Holiday 2016,
p. 6; Summer 2017, p. 5

Focusing—Holiday 2007, p. 6; Spring 2008, p. 4;
Summer 2013, pp. 5 & 6; Holiday 2013, p. 4; Spring
2017, p. 6

Literature (See also: "Literature")—Spring 2008, p. 6;
Spring 2012, pp. 1 & 5; Summer 2014, pp. 5 & 7;
Summer 2015, pp. 1 & 7

Meetings—Fall 2007, p. 1; Fall 2007, p. 3; Fall 2008, p. 8;
Summer 2010, p. 7; Fall 2010, p. 3; Summer 2011, p. 1;
Spring 2014, pp. 2 & 7

Service—Holiday 2007, p. 5; Spring 2008, p. 7;
Summer 2012, pp. 1 & 7; Summer 2014, pp. 5 & 6;
Summer 2015, p. 4; Holiday 2016, p. 3

Sponsorship—Spring 2007, p. 1; Spring 2009, p. 6;
Summer 2009, p. 4; Fall 2009, p. 4;

Holiday 2013, pp. 1 & 2; Holiday 2013, pp. 1 & 2

Streamlining—Holiday 2007, p. 6; Fall 2012, pp. 1 & 4;
Fall 2013, p. 7

Telephone—Holiday 2007, p. 6; Fall 2008, p. 7;
Summer 2011, p. 6; Spring 2017, p. 1

Trust—Summer 2007, p. 1; Fall 2011, pp. 1 & 6;
Holiday 2011, p. 6; Holiday 2014, pp. 2 & 7;
Spring 2015, pp. 3 & 5; Spring 2017, p. 6; Summer
2017, p. 3

Travel

Fall 2013 pp. 1 & 7
Summer Travel—Summer 2010, p. 1
Using Three A's—Spring 2009, p. 7

Trust (See Tools of Recovery.)

Unity

And anonymity—Summer 2012, p. 2
And Tradition 10—Holiday 2011, p. 2
Group unity—Fall 2009, pp. 1, 2 & 8

Victories

Fall 2016, pp. 7 & 8; Spring 2017, p. 2

Volunteering/Volunteers

Versus paid workers—Summer 2011, p. 1

Willingness

Spring 2008, pp. 4 & 8; Holiday 2008, p. 8;
Holiday 2010, pp. 1 & 5

Writing

Fall 2011, p. 7; Fall 2013, pp. 1, 3, 4 & 5;

Spring 2016, pp. 1 & 2; Fall 2016, p. 3; Summer 2017,
p. 4

And procrastination—Fall 2013, p. 3

And Steps— Spring 2014, p. 6; Summer 2014, p. 8; Spring
2017, p. 4