



How Can I Maintain My Connection with CLASM?

- Be willing to participate with us.
- Ask to stay informed of future CLA events.
- Subscribe to the *CLArity* newsletter and share it with your group.
- Contribute articles to the *CLArity* newsletter.
- Attend meetings, in person or on the phones.
- Make clutter buddies, get and give support, and show up.
- Make phone calls to your group members or reach out to others.
- Contribute to CLA email discussions.
- Share your CLA experiences and yourself with others, and with us.
- Register your meeting with the World Service Organization (WSO).
- Volunteer to provide service locally or at the intergroup or WSO level.

We can use your ideas, suggestions, and stories of recovery. All voices are important, whether you have a little or a lot of time in the program. Sharing experience, strength, and hope may help in your own recovery.

Do you have any suggestions? Please send them our way!