

## Step 8

### From Humility to Love

Step 7 asks me to approach Higher Power in a state of humility and ask for help. By the time I got to this Step, I had experienced many gifts by working the CLA program, including a developing relationship with a caring Higher Power. Humbling myself, I asked Higher Power to remove my shortcomings. I arrived at Step 8, which tells me to take action by making a list of all persons I had harmed and becoming willing to make amends to them all.

Okay, then. I am great  
(See [“Step 8,”](#) page 4)

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## Qualification

### The Willingness to be Willing

No matter where I lived, invariably, a repair person would ask “Did you just move in?” My residences had that unsettled look of too much stuff.

In my single-person living space, things were very messy, even dirty at times. Dishes piled up. If it warranted it, I washed dishes in the bathtub. I never had friends over. I constantly complained about my apartment being out of control but rarely did anything about it, promising myself over and over that I would.

In 2005, I moved back into my childhood home to care for my mom, another clutterer, whose condition was exacerbated by dementia. After she passed, the house felt empty, and I became attached to and comforted by her many belongings. With the exception of my mother’s downstairs space, which I kept organized, the rest of the four-bedroom house was filled with 60 boxes of papers, filing cabinets, unused appliances, magazines, books, cooking utensils, way too much furniture—everything you can imagine from two combined cluttered households.

My laundry room was immense. I had no workable washer/dryer and a growing cesspool problem. Once again, the bathtub served as a receptacle, and the overflow of dirty sheets and towels was in plastic garbage bags housed in the garage waiting for me to drop them off at the laundromat. I showered in the downstairs bathroom until the cesspool became a huge problem, and then I showered at the gym.

When I entered Clutters Anonymous, I was immersed in two other 12-Step programs, one of which led me to CLA. In July of 2016, I called into what was later to be called the Divine Decluttering Line. I started doing service at the Tuesday Noon Step/Tradition meeting and then  
(See [“Qualification,”](#) page 2)



## Spotlight on Service

*The CLA program gives us the opportunity to enhance our own progress by taking on various service responsibilities, from holding office to doing clean up. As we serve, we risk moving out of isolation, to grow, and to practice the principles of our program within the Fellowship. Service is giving back to the Fellowship.—“CLA Tools of Recovery”*

When first asked to write this article about service, I immediately thought about what I’ve heard so many times over the years—that whenever we are asked to do service in a Fellowship, we always do our best to fulfill the request if at all possible...and, at least, we prayerfully consider the request if we’re at first unsure about being able to be available for service.

The next thought that came to mind was the idea that service is its own reward, and I have found it very rewarding and have received many blessings from being of service. (Unless I am overdoing service, and that is another matter!) Sometimes I need to remember about rotation of leadership and to give others an opportunity

(See [“Spotlight on Service,”](#) page 6)

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#### Qualification *(continued from page 1)*

volunteered weekly to moderate the “Meditation Into Action” session. To my delight, I was given the okay to start two new meetings on the Divine Decluttering Line. This is when my “real” recovery as a clutterer began. Doing service gave me a feeling of belonging and self-confidence. I joined my “Step-sisters” Step group, and my recovery from cluttering continued. One of my first big victories was releasing over 200 books. I marveled at the miracle of my willingness to be willing.

In 2019, a new person entered my life who was kind, supportive, encouraging, patient, and not a clutterer. She cajoled and pushed me to make huge changes in my home. Because of my CLA willingness to be willing, I started releasing more items and had necessary repairs done.

Much of what was in the garage and back bedrooms found its way to the curb. I began taking laundry weekly to the laundromat and kept on top of cleaning my dishes. COVID, though a horror, was a blessing in disguise. I was able to hire inexpensive labor to paint the multiple dirty, white-walled rooms in my home and rip up the “diseased,” gross wall-to-wall carpet, which was hiding beautiful wood

floors. A new cesspool was installed, which led to the need for a new driveway, front stoop, and walkway. My windows leaked horribly, so I had them replaced. Repairs were made to my garage doors and back deck stairs. Old worn-out furniture was replaced by new pieces.

Without God and CLA, I would not have had the willingness to move out of denial, indecision, and emotional paralysis and accept help from another person. I believe I will always be a clutterer—but a recovering one who is establishing new habits. I still slip with laundry and dishes, but not severely, and it is a necessity that I periodically have a cleaning person.

This past holiday season, I entertained on three different occasions. It is a dream come true! Rosemary F., NY 🌟

## News Flash

### CLAWSO

- Nominations for officers of the CLA World Service Organization (CLA WSO) were held on January 27 and February 24, 2024. Further nominations and elections will be held on March 23. Results of the election will be posted on <https://clutterersanonymous.org/wso-officers/> and listed in the Summer 2024 issue of CLArity.
- If you have an item you wish to be included on the CLA WSO agenda or brought to the attention of one of the CLA WSO committees, go to <https://clutterersanonymous.org/clutterers-anonymous-world-service-organization-inc/> and submit the “Agenda Item Request Form” (AIR).
- Four seminars on the CLA Traditions were held in 2009 and 2010. Recordings of those sessions are now available by going to <https://clutterersanonymous.org/12-traditions/>.

### CLA-East

- Clutter-Free Day has been postponed, since our treasurer has resigned due to health reasons. It will be held at Saint Luke’s Episcopal Church, Metuchen, New Jersey, on Saturday, October 5, 2024.

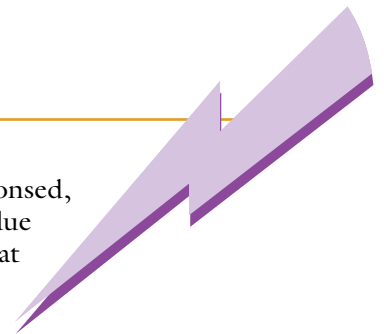
## Group Stories—Chicago

*This article is continued from the Holiday 2023 issue.*

Teresa started the meeting in 2006 as an in-person CLA meeting. I don’t know the month. I started coming to the meeting in September of 2007. When I came, there were about 7 to 11 people attending each week.

I stopped coming for about six months in 2012 because I had a girlfriend who always wanted to get together at the same time the CLA meeting met.

I came back to the meeting at the end of 2012 after breaking up with my girlfriend. I noticed the meeting was floundering, as they decided to meet only every other Sunday, and there (See [“Group Stories,” page 6](#))



## Officers' Corner

*This article is continued from the Holiday 2023 issue.*

I already had some previous experience in a different Fellowship and felt that I could benefit by doing the 12 Steps in CLA. I asked in the UK “after meeting” if there was a Step group that I could join, only to find out it was full. So I asked, “Anyone else want to start a new Step group?” I was pleased to get a positive response from over ten people. A more experienced CLA member kindly gave us a CLA Step group script, a draft copy of a 12 Step workbook, and her time to help establish the first session. Another member offered her Zoom account for us to meet weekly. It was tough establishing our own boundaries. With some personality clashes, the group reduced in size; but those who remained worked Steps 1 through 11. We are now working on Step 12, which I practice in my actions, my service, and my outreach. Ten months ago, I became a sponsor, which has also motivated and inspired my own growth and recovery in CLA.

CLA has helped me to understand that my clutter is not just in my physical surroundings, but also in my relationships with others, my schedule, my time planning, and even how I work out the stages required to complete a task.

Early on, I joined online text messaging groups to connect and bookend with other CLA members. I have reached out to people I've related to in meetings. I've been invited to activity sessions, Step groups, and virtual bookending sessions via Zoom. Over time, my “declutter buddies” have developed into real friendships, which have continued to deepen over the years.

As we sort our possessions, we also “declutter with feelings” shared together. I wrote about my process and progress, occasionally adding before and after photographs to my texts. I examined my thoughts and feelings about people, places, things, and stuff. I am working to create less codependent relationships and less time clutter in my schedule.

This summer, I broke through the clutter shame that was stopping me from living the life I wanted. I managed to clear away enough stuff to let repair people come into my house. A plumber replaced a broken tap on my bathroom hand basin. A handywoman repaired and put up tiles on my kitchen wall. A handyman fixed a door, which had not closed properly in years. Multiple contractors cleaned the windows, pressure washed the back garden pathway and patio, and replastered and painted a bedroom. A roof gutter specialist cleared the blockages and constant flooding—caused by the inclement Welsh weather (which beautifies the countryside but made my front door step a little too soggy).

CLA has helped me to clear and clean my house enough to rent out three rooms and get an income. Gradually, I have been able to save a little and travel to London, then fly to visit North America and meet fellow clutterers. We are all in different stages of recovery.

I am so grateful to meet wonderful CLA online friends in person, some of whom were able to invite me into their homes. I also like to help others in their process, if asked, and see such amazing decluttering progress.

Luckily, I have acquired a few items along the way, such as a much-needed warm winter coat and gloves; so I will release

similar items once back home. I pledge to continue to decrease my own cluttered hoard on my return to the UK.

Seeking service maintains my sanity and serenity. In the spring of 2023, I was elected CLA WSO vice-chair. I have recently become chair of the Public Information Committee. I have found that doing service in any or all areas of the Fellowship—from reading opening literature at a meeting, to being a co-treasurer of a group, to chairing a committee, to being vice-chair of CLA WSO—has taught me new skills and has increased my overall self-esteem.

In two days as of this writing, I will be attending the 2023 CLA Convention in Portland, Oregon. I look forward to meeting more CLA members. I intend to listen and learn. I especially hope to pick up hints for working within the CLA Traditions and A.A.'s “12 Concepts,” in order to help guide me and our trusted servants toward efficient and productive business and committee and recovery meetings, in which “they do not govern” and no one is bullied. I want to keep an open mind and follow tried and tested guidelines, with a view to the welfare of the group and the Fellowship as a whole.

I have found hope for my future and have begun to see many of the CLA promises and affirmations starting to manifest in my life. It's worth noting that, after years of persistent hard work, I graduated with a Higher Education Diploma in Environmental Studies. How ironic that I had been totally “clutter-blind” to my own home environment. It took Clutterers Anonymous to help me find hope and acceptance in my life and the willingness to keep going with my recovery, one item at a time, one moment at a time, one day at a time.

Ruth O., UK  
with vital editing help from my  
beloved declutter buddies. 📌

CLArity is produced entirely by members for the CLA Fellowship, upholding all 12 Traditions. Names on articles submitted will be withheld upon request, and only first names and last initials or pseudonyms are ever used. We also include home state or country. MD denotes the state of Maryland, not medical doctor.

## Letter from the Chair

### The Ability to Change

Do you think you can change? My whole life, I've believed that "A leopard doesn't change its spots." However, with God's help, people can change!

I've spent over 50 years of my life believing that I'm a slob. I reveled in it! I loved taking a last sip of coffee in the car and giving the cup a toss into the backseat! I was delighted when I got a wedding gift of monogrammed towels, spelling "SLB." "Look!" I exclaimed to my husband, "I AM supposed to marry you! My initials spell SLOB!" I thought I'd be a slob to my grave. I was wrong.

Almost two years ago, I cleaned up the kitchen and dining room so my husband could have a poker party. Day after day, I kept asking God, "What next?" I expected it would return to chaos afterwards, but it didn't. It has stayed clutter-

free. Am I trying to maintain a clutter-free zone? No, I'm not. I just automatically put things away without even thinking about it! I sweep the floor, I wipe the counters, without thinking. I'm in Florida now for a visit, but I'll come




home to those two rooms clean and clear of clutter *still!*

How did this happen? I don't know! I just unconsciously keep those rooms nice without trying. I still have most of the house yet to declutter, but now I have hope!

I believe that the more one aligns their will with God's, that they'll begin to see big changes in their home. It's very important to do what the 12th Step says and give back to the Fellowship in service. If you are in CLA only for what you can get and not for what you can give, then you're missing the boat. It is absolutely necessary to do service to get recovery! An alcoholic battles alcohol. An overeater battles eating too much. What are we battling? Time-consuming things! An obstacle course for a home, a mountain of papers and lost items, indecision, helplessness! Despite these, we must listen to what our Higher Power is saying to us about doing service. If we get an urge to join a committee, we might say, "I don't have time!" or "Later, when it's less messy!" However, if this is God urging you to do service, do it.

The miracle in my home took place six weeks after I very reluctantly agreed to become the CLA WSO Chairperson. When I considered the nomination, I knew God was urging me to say yes. I'm not saying we all have to become the chairman of anything, but I *am* saying we have to be willing to listen to what God is saying to us about service. Maybe it's being a moderator, a sponsor, or a committee member. Ask God what you can do to serve CLA. We must help the still-suffering clutterers by giving service to our Fellowship so it can grow and thrive. This is our "Get out of clutter-jail free card!" This is the way to win over clutter!

Sheryl B., MI 

### Step 8 (continued from page 1)


at making lists! I spent decades suffering with a list-making obsession. Ready to do this, I referred to my Step Inventory which helped me identify who I had harmed by my disease of compulsive cluttering. Early on in CLA, I had no understanding that anyone could have been harmed by such a benign disorder as cluttering. After all, I didn't steal from anyone to support my cluttering habit or lie to anyone in order to acquire more stuff. I was in denial. My inventory revealed to me that I had ignored important priorities. My son had taken second place to my obsession with stuff. The time I could have spent with my only child was taken up by my focus on objects. I did the same with my grandchild, who lived with me for four years. This was painful to admit to myself, and I had amends to make.

Who else? Program tells me that I harmed myself the most and needed to put myself on the list. I also added G-d because I had come to realize that the many screaming matches I had with Higher Power, blaming G-d for all of my troubles, was unjustified and just plain wrong. My journey in CLA helped me to understand that asking for help does not automatically entitle me to everything I ask for. I must do my part, the part of taking action. This means that my Higher Power and I are partners in

recovery. I can and will receive guidance from a loving, indescribable force if I stay in honesty, openness, and willingness.

I had my basic list (I added to it as more was revealed). I was fearful of the shame I might feel making amends and that the responses I could get might be far from friendly and understanding, but I wanted recovery so much that I became willing to make amends to all whom I had intentionally or unintentionally harmed. No holding back. I remind myself that in Step 9, the Step of making amends, I am not alone. I have a sponsor. I do not go out and make amends without consulting her, lest I unintentionally cause more harm.

In CLA, I no longer live in isolation. I climb the staircase of the 12 Steps and find a new way to live, a life without stuff haunting my thoughts, emotions, and actions. I find my true self and discover, if I stay close to program and my Higher Power, all will be okay.

Leah C., CA 

## Intergroup News

### 8 p.m. Intergroup

In the structure of 12-Step recovery, an intergroup is a service entity that involves a partnership among groups in a specified community or region. Just as the CLA groups themselves are a partnership of individual members, intergroups exist to support the various groups in their common purpose of carrying the message to the clutterer who still suffers. In our case, the intergroup provides service to the 8 p.m. phone-line meeting community.

The CLA Nighttime Phone Line Intergroup coordinates and addresses issues and concerns common to phone meetings held on the 8 p.m. phone line, bridges communications among phone groups and between phone groups and CLA WSO, and plans and schedules phone events. Moreover, just as each autonomous meeting has a group conscience, the intergroup functions as the group conscience for the collective of meetings.

Tradition 2 tells us “For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.” But what is a group conscience? How can it be achieved?

Simply put, a group conscience is the will of the group and is based on members’ use of the 12 Traditions and 12 Concepts of Service as guides, maintaining “principles before personalities” and sharing information as equals. A group conscience determines in advance who votes and if decisions will be reached by a simple majority, two-thirds of the votes, or three-quarters of the votes. An informed group conscience is obtained when everybody has access to all the information before discussion. In a healthy group, everyone agrees to support the final decision, even if they wish the final outcome had been different. The group  
(See “[Intergroup News](#),” page 8)

## My CLA Toolbox

**Trust:** *We simplify our lives, believing that when we need a fact or an item, it will be available to us.*

Trust is not just about a fact or an item for me. It begins with people. In my childhood, I trusted two role models—my mother and father. It was hard to trust my volatile mother, but I lived in hope. She tried to be a loving person, but she had challenges, many of them hormonal.

Any promise made was sacred and always to be kept. I learned to trust that, though later on I had my heart broken by others who apparently didn’t understand that trust was a two-way street. Perhaps, in my moodiness, which, no doubt I learned from my mother, I was hard to trust, and I didn’t realize it.

When I came into CLA at the end of 2002, I began to notice that I was leaving papers out because I didn’t trust I would remember to file them. I have a great filing system. The real problem is that I didn’t *want* to do the filing. I

still don’t. But there were 18 months of ‘urgent’ paperwork on my kitchen table, most of which I ended up throwing away.

The truth for me is that because a promise made in my childhood was a promise kept, I do now trust that when I need a fact or an item, the universe will provide. It took me many years of refining my habits one day or, sometimes, one week at a time; but I no longer leave all my opened mail all over the kitchen table. My table is now a designated clutter-free zone. I put my papers in an accordion file underneath the table. Sometimes I write a list of actions I have to take on certain documents.

If I need a fact, it is very easy for me to look it up online. I certainly don’t have to worry about having to refer to my books anymore. If it is a health fact, I try to remember that I can’t believe everything I read, and I must try to use a trusted source.

It has been many years since I have used a printed dictionary or thesaurus. I don’t even own either one. As for an item, I can order that online, too. Of course, I am very careful and mostly order only things I really need.

What an amazing world we live in!

Alison B., NJ 🗨️

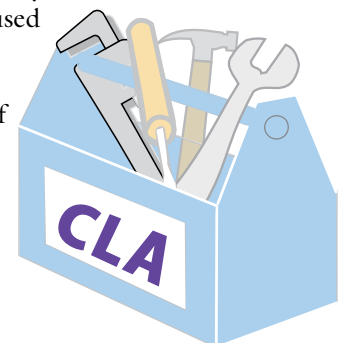
## 7th Tradition

Our 7th Tradition states that all CLA groups should be self-supporting through members’ contributions. Whenever possible, groups make contributions to World Service and/or CLA-East.

How does CLA use these funds to meet its expenses and to stay in operation?

They pay for:

- Literature printing
- Meeting starter kits
- Meeting lists
- Web site
- Webmaster
- Phone service
- Postage
- Post Office box rental
- Literature storage unit
- 501(c)3 annual filings
- Incorporation fees
- Various office supplies



**Group Stories** (continued from page 2)

were only three or four people at the meeting. When I came back, one of the members stated that she wished we would meet every week. I volunteered to be at the meeting and chair it every week for about the next nine months.

I started chairing it and showed up every Sunday for the next year. I was not only the chairperson but the treasurer, service role coordinator, contact person for new members, set-up person, etc. Our attendance started improving over the next year, since we were meeting each week, and new members were always showing up.

We started implementing business meetings the first Sunday of each month in 2013 for the sole purpose of making sure the meeting was carrying the message properly. We decided that we had to make the meeting more attractive if we wanted people to keep returning. We came to a conclusion by group conscience that we had to make it so that, by attending the meetings, people were learning how to recover. We decided to start incorporating the Steps into our meeting, as this was something that was missing for the first five years.

We realized that there wasn't any Step literature for CLA, and we formed a committee to write CLA Step literature. I worked with

another member, Shel, who advised me on what to write for the first two Steps. That was enough to get me started, and I ended up writing a questionnaire on all 12 Steps, and we started using this as a writing exercise once a week in our meeting.

Attendance started to improve, and at one meeting we actually had about 21 people. The average was probably about 12 to 16 at each meeting. We started going for fellowship at a restaurant across the street at the end of the meeting. We started doing declutterthons in person once a month at the 12-Step club where we had our regular CLA meeting. We had a real CLA Fellowship in Chicago, finally.

This meeting was a strong in-person meeting from then on until the COVID pandemic hit in March of 2020. We didn't miss a beat, as we immediately changed it to a Zoom video conference CLA meeting when COVID hit.

Although it started as an in-person CLA meeting, it is now only a Zoom video conference CLA meeting. We decided to keep it that way, as the meeting has grown, with more members now attending who are outside of Chicago than members who live in Chicago.

I think we are now averaging 35 to 40 people each Zoom meeting, and we reached 46 people at one Zoom meeting.

Chuck R.,  
IN 

**Spotlight on Service** (continued from page 1)  
to be of service!

I've heard it said that love is the one thing that you get more of whenever you give it away. I think of service in the same way. I've also always heard during my years in 12-Step programs that "I have to give it away in order to keep it" in terms of maintaining my recovery, and it's also a CLA slogan. I have often found that whatever I'm sharing with a person I'm sponsoring is exactly what I need to hear myself!

It's so wonderful that there are so many ways to be of service and that newcomers are also welcome to be of service, whether doing a reading for a meeting or even moderating a meeting by simply following the meeting format. Keeping time at a meeting is a service anyone can provide, as well as simply sharing at a meeting.


Being of service can help us feel more connected to the Fellowship. As we continue our participation, we can eventually share our experience, strength, and hope by being a speaker at a meeting and can also be of service by sponsoring others, helping others work the 12 Steps.

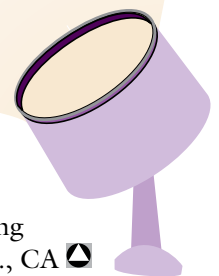
I recall that after my CLA sponsor took me through the 12 Steps many years ago, I was very grateful and eager to share my

recovery and asked my sponsor to work with me to take two more groups of six CLA members through the 12 Steps in hopes of spreading sponsorship in the CLA Fellowship. There are so many different ways to be of service!

When I was speaking to one of the people I sponsor on the day I wrote this article, she mentioned that she had come to her first 12-Step meeting exactly 18 years ago and that she didn't think it was for her until I called her to check in to see if she had any questions; and she's so grateful for her 18 years of life-changing recovery! I was so grateful I made that call to a newcomer to see if she had any questions, which is another opportunity to be of service!






I believe that being of service is a gift I give myself! May you also find the joy in being of service!

Susie S., CA 



# Cartoon

## Where I am AT

	<p>I've been given a TIGHT deadline to get rid of this clutter.</p>	<p>Once started, I get into a rhythm.</p>	
<p>What's the matter?</p>	<p>About what?</p>	<p>I'm sad sick!</p>	<p>I threw away a dictionary and a thesaurus, most precious to me.</p>
		<p>WHAT! With all this mess, you're so upset about two antiquated books!!!</p> <p>It's so much easier to use the computer versions.</p>	<p>You don't understand. I'm retiring to write essays. I've had them since high school, the big, hard cover kind.</p>
		<p>When coming to a word choice I want to touch and feel the pages. Seeing other words on the pages gives me new ideas.</p>	<p>You can't let this stop you from decluttering.</p>
<p>I know. I sat quietly with my Higher Power and realize if I had been decluttering all along, there would have been time for careful decisions.</p>	<p>I'll continue, just have to sit with the sadness for a little while.</p>		

**Intergroup News** (continued from page 5)

has spoken. Appeals are sometimes made later and new group consciences emerge.

Group consciences are always important, but when there are thorny issues before us, they help us see the wisdom that is foundational to our program of recovery. We come to Clutterers Anonymous with cluttered lives, cluttered thinking, and cluttered decision-making. The intergroup is one place where we see recovery in action. The health and effectiveness of the meetings is of ultimate importance to our own recovery, so we participate in the sacred secular process that binds us together.

Cee, MD

**CLA-East Intergroup**

The CLA-East Intergroup is a monthly Zoom gathering of representatives of all face-to-face groups east of the Mississippi—that's 32 groups. If your group turned into a phone or video conference group because of the pandemic, we understand. Please send a representative and give each other's groups some support. Each representative gives us a brief report on what is happening with their group, and we offer a safe space for groups to share problems and ask for experience, strength, and hope.

**Convention News**

Do you want to meet your fellow clutterers, get valuable information, and have a good time? Come to the CLA convention!

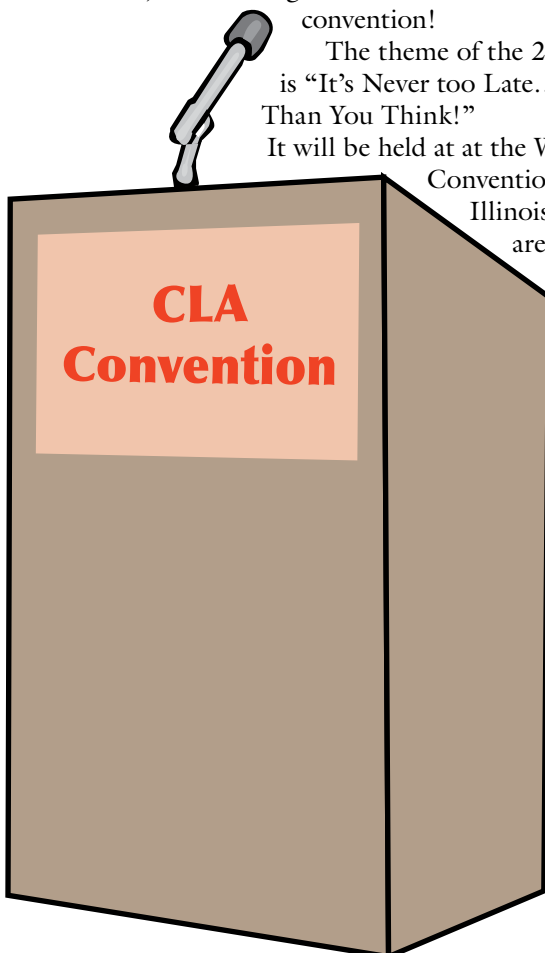
The theme of the 2024 convention is "It's Never too Late...But It's Later Than You Think!"

It will be held at the White Eagle Convention Center in Niles, Illinois (in the Chicago area). It will take place on

Saturday and Sunday, July 20 and 21.

There will also be a recovery meeting on Friday evening.


For more information, go to [Clutterers Anonymous.org/fellowship-announcements/](https://www.clutterersanonymous.org/fellowship-announcements/) or [Clutterers Anonymous.org/events/convention/](https://www.clutterersanonymous.org/events/convention/). 



We have recordings from our 2022 Clutter-Free Day for sale on our web page! You can buy one recording for only \$3 or a whole set of 7 for \$18. Please go to [clacast.org](https://clacast.org) and look on the page. Please be sure to download the recording using the simple directions. You can also scroll down and click on the picture of the basket to make a contribution.

We will hold our Clutter-Free Day October 5 in Metuchen, New Jersey. See page 2 for more detail.

The CLA-East Intergroup meetings are held on the second Saturday of each month at 3:00 p.m. Eastern Time. If you would like to come to the meeting, please call (866) 800-3881 to leave a message.


Alison B., CLA-East Chairperson 

**Help Wanted**

CLA-East has a wonderful opportunity to give and to learn a new skill. They are searching for a member who is willing to train as the treasurer. If you are interested in the position, send an email to [CLAEastIntergroup@gmail.com](mailto:CLAEastIntergroup@gmail.com).

**In Appreciation**

The CLArity team thanks everyone for supporting the newsletter. Our appreciation goes to our latest subscribers from Arizona, California, Connecticut, Idaho, Minnesota, New Jersey, New York, and Pennsylvania.

And a special thank you to those who are spreading the word about CLArity while doing service in CLA, in face-to-face, virtual, and phone, meetings and by other means. 

**Welcome to CLArity**

CLArity is a forum where you can exchange your ideas and your experience, strength, and hope with others in the CLA Fellowship. Take action to be heard in our community:

- Send a "letter to the editor" to CLArity, 184 South Livingston Ave., Suite 9-203, Livingston, NJ 07039 or an email to: [Clarity@ClutterersAnonymous.org](mailto:Clarity@ClutterersAnonymous.org). All requests for anonymity will be respected.
- Share CLArity with a friend. 