

CLUTTERERS ANONYMOUS AFFIRMATIONS

1. **SELF-ESTEEM:** We nurture our body with healthy diet, exercise, regular checkups, and rest. We nurture our mind by looking for the good. We nurture our spirit by surrounding ourselves with beauty and harmony. We honor our environment by loving ourselves.
2. **GOALS:** We set reasonable goals and reward ourselves when we attain them, remembering that our first priority is our well-being.
3. **PACE:** We commit our time plan daily to our CLA buddy. We do not schedule more than we can do at a comfortable pace. We rest before we get tired.
4. **UNDERSCHEDULING:** We allot more time than we think we need for a task or trip, allowing a comfortable margin for the unexpected.
5. **CONCENTRATION:** We do one thing at a time in priority order.
6. **LISTENING:** We schedule quiet time for communing with our Higher Power. Before we accept any commitments, we first ask for guidance from our Higher Power.
7. **SUBSTITUTION:** We do not add a new activity without eliminating from our schedule one that demands equivalent time and energy.
8. **PRESSURE:** We do not yield to pressure, nor do we pressure others. When we feel overwhelmed or find ourselves tensing or speeding up, we stop to reconnect with our Higher Power.
9. **RELAXATION:** We schedule time for play and rest, refusing to work non-stop. We realize we work better when we are relaxed and rested. We check our energy level before proceeding to our next activity. If we are tired, we rest.
10. **HUMILITY:** We ask for help and admit our weaknesses.
11. **PATIENCE:** We learn to accept our progress as proceeding in God's time. We know that impatience and rushing only slow us down. We are gentle with our efforts, knowing that our new way of living requires much practice.
12. **LIVING IN THE NOW:** We realize that we are already where we will always be--in the here and now. We live in it with joy and gratitude.
13. **LESS IS MORE:** Less junk, less clutter, less disorganization means more serenity, more self-esteem, more time.
14. **I WILL SURVIVE:** Getting the junk out may feel like I'm losing part of me...like an amputation. I remind and reassure myself that I will survive and feel better when I do.

The Twelve Steps of Clutterers Anonymous

1. We admitted we were powerless over clutter -- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood God*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood God*, praying only for the knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Clutterers Anonymous (CLA) Newsletter

Fall 2006

This CLA Newsletter comes after a long absence and contains ideas, Recovery Moments, & quotes heard at various meetings.

First, the facts:

During 2005 and 2006, CLA groups have started in these eight new states: Arizona, Florida, Hawaii, Illinois, New Mexico, South Carolina, Utah, and Washington.

Since January 2005, CLA Starter Kits have been sent to nearly every state; and even as far away as Japan & Ireland! *Want to start a meeting? It is easy. Just see the box on the next page!*

There are currently groups in 22 states and the District of Columbia. There are 73 regular meetings in the US, of which 66 meetings are land-based and 7 meetings are phone-only. CLA East has about 30 of these groups, 20 are in California, and about a dozen are located in the other states. There are two additional once-monthly regional/business-only meetings for CLA. CLA East holds theirs on the 2nd Sunday; WSO holds theirs on the last Saturdays of all months (12/09/06, not Holidays). NOTE: NO meetings are held during spring/fall Regional events.

We have seen the eventual discontinuation of about a dozen groups, including several in CA, MA, ME, NY and PA.

CLA holds daylong events called Clutter-Free Days (CFDs). They have been held in both the spring and fall in Los Angeles, California and Metuchen, New Jersey. They have both often included from 4-6 workshops and 2-3 keynote speakers. All of them have been focused upon creating order and helping those in attendance move towards recovery. During both of the most recent CFDs in Fall 2006, workshops on sponsorship were presented. It is hoped that in the future, some notes, a transcript, and/or a CD Rom will be made available.

In Fall 2006, CLA East held their CFD in NY (for the 1st time) on Sunday, 10/08/06, with 113 attendees, their highest attendance! The next CFD is expected to be in Metuchen, NJ in spring 2007.

Los Angeles had 63 attendees on Saturday, 10/14/06. Their next one could be in spring 2007. More info can be found at the CLA websites (see bottom of Page 2), at the local groups, on the various phone meetings and WSO phonenumber, and in any future newsletters!

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RECOVERY STORIES OF HOPE

Monitor, Carol, October 27, 2005

My monitor just got upgraded; I now have the new flat-panel screen. I have much more space on my desk now, which is rather nice! I like the space so much it makes me think of what else I could declutter so I can have even more.

I like the flow and continuity of the sides that I cleared away, too. I moved a stack of clutter next to the computer to give the installer more room. That left a path about a foot wide between the computer and the three-tiered file tray (which is loaded down on the top tier but still has room in the other two). There is another stack of paper directly in front of the file tray on top of which I usually keep my currently working projects. The small stack I moved is still on top of the file cabinet in back of me, as I'm reluctant to put it back and give up the beautiful space that was created by having it gone.

On the other side of the computer, I cleared away a pop-up post-it holder, a paper clip holder and my scotch-tape dispenser. I put these back after the switch was completed. However, before I did so, I noticed that there was an even wider piece of desktop that I could actually see! In the far corner of the right-hand side of my desk, two 3-shelf trays are now stacked to make a 5-shelf tray. At the near corner of my desk is a tower of file trays almost 15 inches high that is backed up squarely against the wall that bounds the whole right side of my office. Nestled in between are my pencil sharpener and the clock that belonged to my father, with enough space to peek around the stack of paper and see the time.

I am amazed that there is such a different feeling about the rest of the objects and their relationship to this new monitor. With just that one change, *that one little change*, and the few things I moved, I'm now a little more impatient with my desktop clutter, which are the other stacks! Now, instead of my eye just glancing over everything and seeing nothing but wall-to-wall paper as I zone out, my eyes are invited to rest on some empty space. This makes the other stacks, the ones that are still there, more bearable to look at. It also makes them stand out, like the next place to start if I was to get down to business and look through them.

Resentments, Kim, 12/15/05

What's working for me is to dedicate some time each day to decluttering resentment by saluting the divinity in strangers passing by in cars when I am at a stoplight. The pamphlet suggests that we stand in a public place and do that, but since I'm in my car most of the time (It's an LA Thing) this works for me. I'm also working on procrastination by making a list of fewer than 6 action items, committing to my HP or another person to do at least 3 of them, and then get back to them (bookending). Then, of course, I must throw away the list, lest it becomes *more* clutter, whether it is physical and mental. This has worked well for me over the past few months!

RECOVERY STORIES OF HOPE

4th Step, Female, 04/04/06

Step 4, How have I tried to control my clutter, and how successful has this been? I've tried to control my clutter (newspapers and magazines) by putting them into stacks, boxes, file cabinets, bookcases (which should be holding books, not newspapers!), plastic bins, vacuumed-sealed plastic bags, into an unused room, under and behind furniture, etc. I've run out of places to hide it, though it has never really been hidden from anyone who comes over to our house, and especially not from my husband.

I have to deal with this clutter NOW. I probably don't really have time to read all of these newspapers and each new week's magazines! I don't want to be tied down to read this old stuff when there are other, more fun things to do with my spare time! Let go of the old stuff and have more fun!

Quotes Overheard At CLA Meetings

At what point do I acknowledge when I have so much pain and grief to realize when to turn it over to Higher Power?

My possessions own me; I'm possessed and need an Exorcism.

CLAG = Clean As You Go.

OHIO = Only Handle It Once

My Clutter is my teacher. What is it telling me about my life?

What is my Clutter keeping me from doing or having?

Some of my stuff seemed more throw-outable.

I've bonded with things instead of with people.

Hoarding always gives me something to do.

As I grow older, I have come to appreciate plastic dishes for when my family visits.

I am used to self-inflicted pain, not new behavior practices.

No matter how much I do, I still feel like a hamster on a wheel!

I make lists of what I am, and am not, willing to do.

I have set up a Clutter Trust Fund. I set aside money for those things that I have thrown away and regretted, and later rebuy it.

I have just gotten rid of 500 cookbooks. (Five Hundred!)

Clutterers Helping Clutterers

In what ways have you solved specific cluttering issues?

One of the ways that I have solved *my* problems with losing my keys enough times was to just put a nail on the inside of the front door, and place the keys on this nail as soon as I entered my home, after unlocking the door. As a result, I have never lost them again in 24 years since then!

I have also stopped most of my junk mail, and catalogs. I call up all of the senders, especially those that supply toll-free phone numbers to contact them, and/or order items. I then ask them to please remove my name and address from any future mailings. If no phone number is listed, but a self-addressed stamped envelope (SASE) is provided, I say the same thing, "Not interested in your offer. Stop sending me your mail. Take me off your mail list. Don't sell my name to others."

This way, I have become pro-active and gone to the source of one of my clutter issues with paper! However, upon the second and subsequent times that this same junk mail arrives, I make another call to them to be taken off their mailing list, and send them the same note. Doing a combination of these things has severely limited the amount of junk mail and catalogs that I regularly receive. My subscriptions to periodicals have all been stopped; I am down to just the quarterly AAA magazine! **Male 1.**

Another person gets all of this mail at the post office. He looks at all of his junk mail first, and goes through it very fast, in 1-2 minutes. Then, he opens up all of the envelopes, throws away all outer envelopes, and then throws out all of the junk inserts from the phone, gas, and electric bills. Since he brings his checkbook and stamps in with him, he quickly pays all of his bills right off, and then just drops them right there at the post office. Instead of a big bundle of mail that he used to toss into big banker's boxes, or throw on the table, and not deal with them for weeks or months, he got into the new habits listed above. He used to get his phone disconnected because of not paying his bill on time. All of these bad behavior solutions have changed how he learned to deal with one of his areas of clutter. **Male 2.**

Articles & Artwork wanted! Send in your Recovery stories, poems, cartoons, quotes, suggestions, questions, etc! Future CLA newsletters may use these items. Keep us in mind when creativity or progress is made. Recovery Happens!

12th Steppers! No meetings near you? Not enough choices/chances for recovery? Need some contact with other people? Why not start your own CLA meeting? Why not order one of our **CLA Starter Kits**? You can help us spread the word! They come jam packed with full instructions and everything that is needed for you to start and conduct a meeting. They contain all of the pages to be read at meetings, a choice of several formats, and 5 complete sets of our literature. No training is required at all. Just send a donation of \$15 US, (\$20 US for all other countries) and it will be sent to you! Contact us at CLA World Service to guide and assist you in this important service. By the way, it weighs nearly a pound.

CLA Literature Packets. Want to know more about beginning recovery with your issues of clutter? New people can get a complete set of pamphlets free at most of our 62 land-based meetings. If you can't get to a meeting, why not order a set and a meeting list? It has a cost of \$1.63, and weighs 2 ounces. Please send a one-dollar US bill and 2 postage stamps placed on an SASE = Self-Addressed Stamped Envelope (that is a business-sized #10 envelope that measures about 4 by 9 inches) for all US addresses. Send \$3 US for all other countries.

CLA World Service

POB 91413

LA CA 90009

Phone: 310.281.6064

Web: <http://www.clutterersanonymous.net>

Email: clawso@hotmail.com

CLA East

49 Sheridan Ave

West Orange NJ 07052

Phone: 866.800.3881

Web: <http://www.claeast.org>

Email: clarity@claeast.org

Clutterers Anonymous World Service - 01/23/07 California/Hawaii/Phone Meeting Directory

Meeting Info: (310) 281-6064 / POB 91413, LA, CA 90009 / <http://www.clutterersanonymous.net> / Email: clawso@hotmail.com

→ Suggestion: call the contact person to verify time and location before attending any meeting, especially for the first time. ←

NOTE: NEW MEETINGS & CHANGES: (2 XX = new or discontinued meeting, 1 X = a change in time, address or contact info.)

State, City	Time	Location	Contact	Phone
Altadena	Tue. 7:30 - 9:00 PM	St Elizabeth's Church, 1879 N Lake Ave, 2nd Fl, Parish Ctr	Bobbie	(323) 684-0379
Atwater Village/LA	Thu. 10:00 - 11:30 AM	Chapel of St. Francis, 3621 Brunswick Ave, nr Hyperion, LA 90039	Joyce	(323) 663-4705
Claremont	Mon. 9:30 - 10:30 AM	Claremont United Church, 233 W Harrison, Library, Step Study	Virginia	(909) 629-0326
Lancaster	Fri. 3:00 - 4:00 PM	Antelope Valley Sr Center, Rm 103, 777 W Jackman St @ Fern Ave	Lilia	(661) 940-0545
Lomita/South Bay	Fri. 10:30 AM - 12	St. Margaret Mary Church, 25511 Eshelman, Conf Rm B	Maurice	(310) 376-1499
Los Angeles	Tue. 12:15 - 1:00 PM	Los Angeles City Hall, Enter only on Main Street 200 N Spring Street, Room 1045, 10th Floor	Kim Mary Jo	(213) 978-3441 (310) 722-0414
Los Angeles	Tue. 8:00 - 9:00 PM	SHARE! Center, 5521 Grosvenor Blvd., L.A. 90066	Sally	(213) 675-5222
Los Angeles	Fri. 6:30 - 7:30 PM	SHARE! Center, 5521 Grosvenor Blvd., L.A. 90066	Sally	(213) 675-5222
W. Los Angeles	Sun. 1:00 - 2:00 PM	Palms Park Recreation Center. Outside in good weather 2950 Overland Avenue, at 10 freeway	Jody	(818) 508-5379
W. Los Angeles	Mon. 6:30 - 7:30 PM	F. Mahood Sr. Center, Room 3 (Writing) 11338 Santa Monica Blvd., near 405 freeway	Jane	(310) 473-5860
X W. Los Angeles	Mon. 6:30 - 7:30 PM	F. Mahood Sr. Center, Room 3 (Step Study & Meditation) 11338 Santa Monica Blvd., near 405 freeway	Jan	(310) 828-0153
Newport Beach	Sat. 4:30 - 6:00 PM	471 Old Newport Rd, #304, Newport Blvd & Hospital Rd. 3rd floor, take stairs/elevator, Park: right side, underground, or street	Colleen	(714) 423-6644
North Hollywood	Tue. 7:30 - 9:00 PM	Temple Beth Hillel, Room M25, 12326 Riverside Drive	Joan	(818) 783-8053
X City of Orange	Thu. 7:30 - 8:45 PM	Kaiser Health Pavilion, 200 N Lewis St., Rm 1	Denise	(714) 539-1330
City of Orange	Sat. 2:00 PM	Kaiser Health Pavilion, Education Bldg, 200 N Lewis St, Rm 4	Kent	(714) 228-0444
Sierra Madre	Fri. 7:45 - 9:15 PM	Episcopal Church of Ascension, Parish House, 45 E Laurel Ave	Jim H	(626) 689-8374
West Covina	Fri. 10 - 11:15 AM	2501 East Cortez Avenue, Room 3	Marion	(909) 938-9141
Whittier	Fri. 7:30 - 9:00 PM	St. Andrew Lutheran Church, 11345 Miller Rd	Karol	(562) 694-4266

Northern California & Hawaii

XX Berkeley	Tue. 10:00 - 11:00 AM	Unity of Berkeley, 2075 Eunice St, Bridal Rm, 1st Fl. Rear Parking lot	Cindy	(510) 524-2047
XX San Francisco	Sun. 1:30 - 2:30 PM	Alano Club, 2nd Fl, 1748 Market St @ Octavia Bl, near 101 Fwy	John	(415) 824-3921
X Rancho Cordova	Thu. 7:00 - 8:30 PM	Sun River Church, Fam. Life Ctr, 11223 Trinity River Dr, Colima Rd Rm E22, 2nd Fl, Kid's Ministries Bldg w/ramp, near Administration	Jane M	(916) 362-1023
Santa Rosa	Tue. 2:00 - 4:00 PM 2nd + 4th Tue	Santa Rosa Memorial Hospital, Conf Rm A, B, or C 1165 Montgomery Dr, ¼ Miles E Hwy 101, ¼ Miles N Hwy 12	Maurine	(707) 569-9808
X Walnut Creek	Thu. 7:15 - 8:45 PM	St. Luke's Lutheran Church, 2491 San Miguel Dr, Rm 9	Sharon	(925) 285-7165
HI, Kihei/Maui	Tue. 9:30 - 10:30 AM	St. Theresa's Church, Damien Rm, 25 W Lipoa St @ S Kihei Rd	Keith	(808) 875-7646

Phone Only Meetings - all Eastern Standard Time. Access Code: 54576# (You must press the # sign!)

NOTE: The NEW Iowa-based phone number for all SIX evening groups is now: (712) 432-2222. The access codes will not change. All evening groups are from 5:00 - 6:00 PM Pacific / 8:00 - 9:00 Eastern Times.

Time	Time Zone	Call-In Number	Access Code	Meeting Type
Mon. 8:00 - 9:00 PM	Pacific	(712) 432-2222	54576#	Literature + Traditions
Tue. 8:00 - 9:00 PM	" " "	" " " "	" "	Big Book 4th Ed., 1st & 3rd Steps
Wed. 8:00 - 9:00 PM	" " "	" " " "	" "	Literature + Speaker
Thu. 8:00 - 9:00 PM	" " "	" " " "	" "	Non-Physical Clutter
Fri. 8:00 - 9:00 PM	" " "	" " " "	" "	10th step writing & share
Sun. 8:00 - 9:00 PM	Pacific	(712) 432-2222	54576#	Non-Physical Clutter
Phone Only Meeting				
Fri. 8:30 - 9:30 AM	(641) 297-5900	Access Code - CLEAN# (25326#)	Speaker & Sharing	

Phone Only Meetings - Commitment Line: Brief, planned decluttering actions to be taken ; CLA Buddies found; open to anyone, at all levels of recovery!
Open 24/7 at 00-10 each hour! (605) 990-0300 Access code: 281.585#

Business-only Meeting - WSO United States - You can be quiet, or talk! For full details, send email to: clawso@hotmail.com
Sat. 1:00 - 3:00 PM ET (319) 632.1100 Access Code - 1027540# Business-only
Held last Sat of month. No sharing. All are welcomed and invited to participate. Find out what is on tap for CLA.
WSO Phone Groups, upcoming dates: 01/27; 02/24; 03/31/07. 1 - 3 PM, Eastern Time

Business-only Meeting - CLA East Intergroup: upcoming 2007: Topics: Regional events, hot topics, discussions, etc, all welcomed.
Sat. 10:00 - 11:30 AM (563) 843-5600 Access code: 500718# | upcoming dates: 02/10; 03/10/ (04/28@CFD); 05/12/07

World Service Organization of Clutterers Anonymous- A NJ Nonprofit Corporation

Articles of Incorporation of the undersigned, a majority of whom are citizens of the United States, desiring to form a Non-Profit Corporation under the Non-Profit Corporation Law of New Jersey, do hereby certify:

First: The name of the Corporation shall be World Service Organization of Clutterers Anonymous- A NJ Nonprofit Corporation.

Second: The place in this state where the principal office of the Corporation is to be located is West Orange of Essex County.

Third: Said corporation is organized exclusively for educational purposes, including, for such purposes, the making of distributions to organizations that qualify as exempt organizations under section 501 (c) (3) of the Internal Revenue Code, or the corresponding section of any future federal tax code.

Fourth: The names and addresses of the persons who are the initial trustees are as follows:

1. Elizabeth Knowles
49 Sheridan Avenue
West Orange, NJ 07052
2. Peter Laba
121 Hawkins Place #125
Boonton, NJ 07055
3. Jan Gealer
1320 Franklin Street- Apartment D
Santa Monica, CA 90404

Fifth: No part of the net earnings of the corporation shall inure to the benefit of, or be distributable to its members, trustees, officers, or private persons, except that the corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in Article Third hereof. No substantial part of the activities of the corporation shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and the corporation shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of or in opposition to any candidate for public office. Notwithstanding any other provision of these articles, the corporation shall not carry any other activities not permitted to be carried on (a) by a corporation exempt from federal income tax under section 501 (c) (3) of the Internal Revenue Code, or the corresponding section of any future federal tax code, or by (b) by a corporation, contributions to which are deductible under section 170 (c) (2) of the Internal Revenue Code, or the corresponding section of any future federal tax code.

Sixth: Upon the dissolution of the corporation, assets shall be distributed for one or more exempt purposes within the meaning of section 501 (c) (3) of the Internal Revenue Code, or corresponding section of any future federal government, or to a state or local government, for a public purpose. Any such assets not so disposed of shall be disposed by a Court of Competent Jurisdiction of the county in which the principal office of the corporation is then located, exclusively for such purposes or to such organization or organizations, as said Court shall determine, which are organized and operated exclusively for such purposes.

In witness whereof, we have hereunto subscribed our names this 19th. day of August 2006.

**Bylaws of the World Service Organization of Clutterers Anonymous-A NJ
Nonprofit Organization**

Article 1-Name

The name of this organization shall be Clutterers Anonymous World Service Organization, hereinafter known as CLA-WSO.

Article 2-Offices

Section 1. Principal Office

The principal office of the corporation for the transaction of its business is located at 49 Sheridan Avenue, West Orange, NJ 07052, Essex County.

Section 2. Change of Address

The county of the association's principal office can be changed only by amendment of these bylaws. The Board of Directors may, however, change the principal office from one location to another within the name county by the noting the changed address and effective date below, and such changes of address shall not be deemed as an amendment of these bylaws.

_____, dated _____,

Section 3. Other Offices

The corporation may also have offices at such other places within or without the State of New Jersey, where it is qualified to do business, as its business may require, and as the Board of Directors may, from time to time, designate.

Article III-Purpose

Section 1.

The primary purpose of this organization is to aid those who wish to eliminate clutter and establish more order in their lives. The general purpose of this organization is to coordinate efforts to carry the message of recovery to those whose lives are affected by clutter, by practicing the Twelve Steps and Twelve Traditions of Clutterers Anonymous, as adapted with permission of Alcoholics Anonymous.

Section 2.

The specific aim and primary purpose of CLA-WSO is to help to support those persons who acknowledge difficulty in organizing or releasing things whose value has become

questionable. This can be true of our use of time or space and can affect us and our relationships on a physical, mental, or emotional level.

Section 3. The Twelve Steps of CLA

1. We admitted we were powerless over Clutter-that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood God.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrongly promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as we understood god, praying only for knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Section 4. The Twelve Traditions of CLA

1. Our common welfare should come first; personal recovery depends upon CLA unity.
2. For our group purpose, there is but one ultimate authority-a loving God as expressed through our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for CLA membership is a desire to eliminate clutter and bring order into our lives.
4. Each group should be autonomous except in matters affecting other groups or CLA as a whole.
5. Each group has but one primary purpose-to carry its message to the person who still suffers.
6. A CLA group ought never endorse, finance, or lend the CLA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every CLA group ought to be fully self-supporting, declining outside contributions.
8. Clutterers Anonymous should remain forever nonprofessional but our service centers may employ special workers.
9. CLA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Clutterers Anonymous has no opinion on outside issues; hence the CLA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and film.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Section 5- Overall Purposes and Intent

CLA-WSO is organized exclusively for charitable, religious and scientific purposes; including for such purposes that making of distributions to organizations that qualify as exempt organizations under Section 501 (c) (3) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue Law.)

Article IV-Members

Section 1. Membership

A. Voting by:

1. At the Board Meeting-CLA-WSO Board

3. The only requirement for CLA membership is a desire to eliminate clutter and bring order into our lives.
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1. At the Board Meeting-CLA-WSO Board

A. Chairperson, Vice-chairperson, Secretary, and Treasurer

B. The Chairs of each standing committee.

Whenever possible, matters are to be decided by consensus; but when consensus is impossible *Roberts Rules of Order* shall be used. An item should not be tabled more than twice.

Section 2. General Assembly

The General Assembly shall consist of:

A. CLA-WSO Board of Directors

B. Committee Chairs

C. Delegates of Meetings

Section 3. Nominations

Nominations to the Board of Directors may be made from the floor at the annual meeting. A nominating committee may also be formed at the discretion of the CLA-WSO Board.

Section 4. Board of Directors Qualifications

A. Working the Twelve Steps of CLA with a sponsor or a buddy.

B. Familiarity with the CLA Twelve Traditions and AA Twelve Concepts of Service.

C. Regular attendance of an active group for a period of at least 6 months and to be or have been a WSO delegate.

Section 5. Method of Election

A. Elections shall be held annually or as needed to fill vacancies at a meeting specified for that purpose.

B. To be eligible for election to the Board the nominee must:

1. Meet all the qualifications as defined in Article V, Section 4

2. Understand responsibilities of the position as defined in Article V, Section 8.

C. In order to be elected to the Board, a nominee must receive a majority vote of the CLA delegates present.

Section 6. Committee Chair Appointment

The chairs of the standing committees will be elected by the board.

Section 7. Term of Office

- A. Board members shall be elected to serve for a period of one (1) year.
- B. Board members shall serve no more than two (2) consecutive terms for the same office.
- C. After an interval of one (1) year, they may be eligible again for election or appointment.

Section 8. Responsibilities of the Board

A. Chairperson:

- 1. Shall preside at all regular and special meetings of this WSO.
- 2. Shall be responsible for establishing the agenda for all WSO meetings.
- 3. Shall be an alternate signer of all WSO bank accounts.
- 4. May appoint special ad-hoc committees.
- 5. Shall serve as an ex-officio member to all committees.
- 6. May declare a WSO Board member's seat vacant after two consecutive and unexcused absences from WSO meetings.

B. Vice-Chairperson:

- 1. Shall serve in absence of the Chairperson.
- 2. Shall assist the Chairperson whenever needed.
- 3. Shall notify board members of special meetings.
- 4. Shall be an alternate signer of all WSO bank accounts.
- 5. May be removed after two (2) consecutive and unexcused absences from WSO meetings.

Section 6. Committee Chair Appointment

The chairs of the standing committees will be elected by the board.

Section 7. Term of Office

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C. Recording Secretary

1. Shall keep meetings of all WSO meetings.
2. Shall copy minutes and distribute them at the WSO meeting.
3. Shall take roll call at all WSO meetings.
4. May be removed after two (2) consecutive and unexcused absences from WSO meetings.

D. Corresponding Secretary

1. Shall maintain and send correspondence as directed by the chairperson.
2. The meeting directory shall be maintained and distributed by the recording secretary or other person appointed by the chairperson.
3. Shall respond to all meeting information inquiries and help facilitate the formation of new CLA meetings.
4. May be removed after two (2) consecutive and unexcused absences from WSO meetings.

E. Treasurer

1. Shall maintain a checking and/or saving account for dispersal of WSO funds (may be assisted by the office staff).
2. Must submit financial reports with budget and actual figures at WSO meeting on even-numbered months. Shall be prepared to state the actual balance to the chairperson at other times upon request.
3. Shall secure and publish an annual audit of financial records before newly installed Treasurer assumes the responsibilities.
4. Shall be a signer of all WSO bank accounts.
5. May be removed after two (2) consecutive and unexcused absences from the WSO meeting.

Section 9. Vacancies and Resignations

- A. Vacancies shall be filled by a majority vote at the meeting in which the vacancy occurred, or at the next meeting or special Intergroup meeting. Such persons chosen to fill said vacancies shall serve for the remainder of the unexpired term.

- B. A person chosen to fill any vacancy on the Board shall meet the qualifications as defined in Article V, Section 4 and 5, and be aware of all responsibilities of that position as described and defined in Article V, Section 8.

Article VI-Meetings

Section 1. Regular Meetings

CLA-WSO shall meet at a time and place designated by the Board of Directors.

Section 2. Special Meetings

A special meeting may be called at any time by a majority vote at the WSO Board by giving notice as prescribed in Article VI, Section 4.

Section 3. Method of Notification

Notification of all meetings may be made at the monthly CLA-WSO meeting or in writing.

Section 4. Quorum

A. Board Meeting

1. 50% + one of the officers present shall constitute a quorum.

B. General Meeting

1. Those voting members present at any general meeting shall constitute a quorum for all proceedings of the general meeting.

Article VII-Committees

Section 1. Committee Procedures

- A. Each committee may prescribe its own rules for calling and holding meetings and its method for procedures, subject to the guidelines of the Twelve Traditions.

Section 2. Committee Responsibility

- A. Each committee chair shall submit a verbal report at the general meeting of any committee taking place outside the general meeting.
- B. All pre-event expenditures must be cleared through the Board of Directors for reimbursement.

Article VIII-Funding

Section 1. Prudent Reserve

- A. There shall be no accumulation of funds beyond current necessities with retention of only a prudent reserve for contingences.

Article IX-Conduct of Meeting

Whenever possible, matters are to be decided by consensus; but when consensus is impossible *Roberts Rules of Order* shall be used. An item should not be tabled more than twice.

Article X- Bylaws Amendments

These Bylaws may be amended at any time by a two-thirds (2/3) vote of the delegates and Board members present at any regular or special meeting of WSO.

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Page 5-Part VI- Questions 1a and 1b-

Our organization provides literature, starter kits and supplies to clutter groups.

Page-Part VI- Question 3-

Yes, literature and supplies would be sold at the same price as other members.

Page 9-Line 1- Gifts, grants, and contributions received

	<u>1/1/07 to</u> <u>6/30/07</u>	<u>1/1/06 to</u> <u>12/31/06</u>	<u>1/1/05 to</u> <u>12/31/05</u>	<u>1/1/04 to</u> <u>12/31/04</u>	<u>Total</u>
7 th . Tradition (Donations From Clutter Groups)	1,754	2,266	1,926	2,403	8,349
	=====	=====	=====	=====	=====

Page 9-Line 9- Gross receipts from admissions, merchandise sold or services performed, or furnishing of facilities in any activity that is related to your exempt purpose

	<u>1/1/07 to</u> <u>2/28/07</u>	<u>1/1/06 to</u> <u>12/31/06</u>	<u>1/1/05 to</u> <u>12/31/05</u>	<u>1/1/04 to</u> <u>12/31/04</u>	<u>Total</u>
Literature Sales	519	1,719	1,360	1,298	4,896
Starter Kit Sales	195	994	679	-	1,868
Clutter Free Day Income	-	820	-	-	820
Clarity (Newsletter) Sales	<u>407</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>407</u>
Total	<u>1,121</u>	<u>3,533</u>	<u>2,039</u>	<u>1,298</u>	<u>7,991</u>
	=====	=====	=====	=====	=====

Page 9-Line 16 Disbursements to or for the benefit of members

Bank Fees	-	5	-	-
Clutter Free Day	-	532	-	-
Copies/Supplies	1,153	926	52	369
Incorporation Fees	-	75	-	-
Paper	190	584	189	-
Postage	848	883	43	481
P.O. Box	-	42	190	-
Printing	498	1,310	-	941
Telephone	651	856	707	498
Miscellaneous	50	-	-	45
Transportation	-	171	-	-
Web Site	<u>480</u>	<u>714</u>	<u>570</u>	<u>630</u>
Total	<u>3,870</u>	<u>6,098</u>	<u>1,751</u>	<u>2,964</u>
	=====	=====	=====	=====