

Officers' Corner

Dear Angels,

This is DD again. For those of you who don't know, I have just started a new role as corresponding secretary. This is also the first time I have written for Officers' Corner. This new position was and is out of my comfort zone. But that's okay. I love the job. I don't like making mistakes, and I have made plenty. But with the help of my Higher Power and my angels, which are all of you, this is going to [\(See "Officers' Corner," page 3\)](#)

Hope In Recovery: Finding a Higher Power Just for Me

My journey with Clutterers Anonymous began six years ago, when I hit bottom. I was screaming, throwing things, and crying out, "My clutter is killing me. It is burying me alive."

It hurt so much that I couldn't get rid of items without traumatic emotional reactions bubbling to the surface. To squelch these feelings, I would compulsively acquire more things or lose myself in a trance-like state with what I already owned. Bafflingly, even when I did manage to let things go, they would magically reappear in a new form. The piles I zigzagged around and tripped over, the heaps on my kitchen and bathroom counters that impaired my ability to care for myself—it was all a source of immense suffering. It left me with the feeling that I was being punished for being a bad person.

When I first came to CLA, I was looking for a quick fix. I wanted other members to tell me what to keep and what to discard, and I grew frustrated when I learned the program offers no specific organizing tips. It endorses no outside techniques. I wanted magic, and I wanted it now, telling myself, "I will never get better; I'm a complete failure." It took a long time for me to understand that admitting my complete defeat over cluttering was the critical first step toward recovery. To take Step One, I had to ask my deepest, hurting self, "Can I stop cluttering on my own?"

[\(See "Hope in Recovery," page 3\)](#)



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How Much Do I Want to Manage?

Another large donation of bed linens, down feather decor pillows, pictures, drapery rods, bulletin board, cookbooks, CDs, and miscellaneous kitchen items.

What a blessing it is to awaken to the revelation that I do not want to manage all that I have not been managing. I have overwhelmed myself with my thoughts and my stuff.

I am asking myself a new question: "How much do I really want to manage in my life?"

I have two beds and had four sets of sheets for each bed. So today I have two sets of sheets per bed, two sets of towels, hand towels, and wash cloths for our bathroom, and the same for the guest bathroom.

I have always believed that there was not enough of everything in my life. However, if you were to have come into our home, you probably would have been overwhelmed by the sheer volume of stuff one woman could put into a house. I now know that I truly believed in a lack mentality. I have always followed the principles of "behavior follows belief." Anyone could look around our home and see that there was way more than enough of everything.

A new light is being laser-focused on my personal beliefs, principles, and values through a 4th-Step inventory. I am seeing how my inherited principles/values and beliefs, such as "waste is a sin," "there is never enough _____ (food, money, clothes, houses, cars, degrees, bank accounts, etc.)," and "you will go to hell if you lie"—old ideas—kept me in bondage.

A new way of thinking is changing every part of my life, and I am grateful to know that I can let go of old thoughts/beliefs/ideas/stuff and accept that I can be open to a new way of life. Each day I experience more peace in my life, and for that I am grateful.

Cora W., GA

CLArity@
ClutterersAnonymous.org
 (866) 402-6685

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Team:

Alison B., New Jersey
 Betsey K., New Jersey
 DD H., California
 Kathy H., California
 Ruthe S., Pennsylvania

Contributors:

Carol N., Nevada
 Marcia R., Utah

Qualification

This article is a continuation of an article printed in the Fall 2025 issue of CLArity.

When it comes to the mail, I collect it every few days from the mailbox. There's a notice in our mailroom that if there is too much mail, the mailman will take it back to the post office for 10 days before returning it to sender. That already happened to me once. When I went to pick it up, I was told he had redelivered it!

I try to open the mail once a week, but I'm notoriously bad at it. Sometimes I even write it on my calendar, but that doesn't always help. I feel like I have to be in the right mood—and honestly, I rarely am. The Completion Cycle doesn't seem to work for me when it comes to mail. I open envelopes but don't always finish the process, especially if a phone call or filing is involved. I built myself a professional filing system, but there are years of paperwork to shred or toss. It took me years to realize I don't need to keep most of it.

I get groceries delivered and put them away immediately. Other items I order online, but I delay opening those packages, telling myself I'll open them

all when I'm feeling low, like a party of one. But the boxes pile up. We're required to flatten them before recycling or using the dumpster, and I'm not used to that. So unopened boxes sit on my hall bureau, and opened ones are in my so-called spare room—really a junk room. If I applied the Completion Cycle to each box, that might change. What a revelation!

There are a few dishes in my sink right now. I play a game: I set the microwave timer for eight minutes, put on gloves and get out the good dish soap, and challenge myself to finish before the timer ends. I sing along to music while I wash. The clean dishes stay on the draining board unless someone's coming over—I

(see "[Qualification](#)," page 3)

News Flash

CLA WSO

- The CLA store has been updated. There is no longer a separate menu for international orders. The submenus are: Printed Literature & Events, Electronic Versions for Download, and 7th Tradition Contributions. To access the store, go to <https://clutterersanonymous.org/cla-store-main-tab-for-all-countries/>.
- The IT Committee reports that the Site Map is a good way to find what you want to on the CLA website. It can be found at the right of the top blue banner on the website.
- The Literature Committee has finished work on Step 3 of the Step Workbook. It is available for Fellowship input by going to <https://clutterersanonymous.org/2025/11/14/first-draft-of-step-3/>.
- The mailing address for CLA has changed. It can be found by going to <https://clutterersanonymous.org/ask-a-question/>.

Convention

- The CLA convention was held on September 27 and 28 in Alexandria, Virginia. For an article about the event, see "Convention News" on page 8.

CLA-East

- Although the CLA-East intergroup is on hiatus, recordings from previous Clutter-Free Days are available at claeast.org.

UK Intergroup

- The UK intergroup is searching for a location to hold a Clutter-Free Day.

Help Wanted

There are moderating positions open for meetings on the Divine Decluttering line. These sessions, a combination of activity sessions and recovery meetings, go on daily from 10:10 a.m. until 3:00 p.m. Eastern Time. Please write to DDstillclutters@gmail.com if you are interested in moderating or being a backup at any of these meetings. No experience is necessary. Someone will send you a format. You will be blessed as you bless others.

CLArity is produced entirely by members for the CLA Fellowship, upholding all 12 Traditions. Names on articles submitted will be withheld upon request, and only first names and last initials or pseudonyms are ever used. We also include home state or country.



Hope in Recovery (continued from page 1)

The answer was a lightning bolt. “No,” I shouted. “I cannot stop compulsively acquiring, I cannot stop churning my stuff, and I cannot stop the obsessive thoughts.”

The program promised that sanity could be restored by relying on a power greater than my own thinking. This was difficult for me to accept. It was hard enough to admit I needed help, but admitting it to the God I came in with—a God I didn’t trust and believed was punishing me—felt impossible.

I knew I had to try a new way of thinking. The Steps offered a blueprint for a complete psychic change, so I set aside everything I thought I knew and took a huge leap of faith. Despite my inability to trust anyone or anything, I prayed, “God, please help me. I have a desire to stop cluttering. Show me that I am worthy of recovery.”

I discovered that working the Steps is hard work. It was up to me to find and build a relationship with a Higher Power, an effort that required honesty, openness, and willingness. I continue to make daily conscious contact to improve this relationship, as it is critical to my sanity. It is a Higher Power just for me, guiding me with caring and wisdom. If I forget and resort to my own self-will, my suffering quickly

reminds me to reconnect.

One of the acronyms I heard for HOPE is “Hang on, Pain Ends.” That encouraged me to keep attending meetings, work the Steps with my sponsor, and use the Tools of the program. I realized that to truly change, I needed an open mind. I used to think I knew everything, and if I didn’t, I’d go on desperate searches for information to solve my problems. But no amount of “information cluttering” ever helped. It only confused and overwhelmed me as I searched for the “right” answer—a magic cure to make the yucky feelings go away. Staying in my head was a way to distract myself from the clutterer’s true problem: my insides were broken when it came to stuff. I had no sanity around objects, acquiring, decision-making, or discarding.

The Set Aside prayer helped me admit that maybe I didn’t have all the answers. I learned to lean into HOPE and came up with a new acronym, “Hang on, Possibilities Emerge.” Keep coming back.

Leah C. CA 

Qualification (continued from page 2)

live alone, after all. I sing a lot. Practicing harmonies and lyrics lifts my mood and keeps my brain engaged. I also watch trivia game shows instead of other content that drains me. It really helps. Mental health is right there in the word “mental.”

I go to two CLA recovery meetings per week (it should probably be more). One is a co-sponsorship group where we’ve done the Steps a few times. I serve on three committees, including the CLArity newsletter team, where I write, edit, and co-chair the weekly meetings. I’m currently chairperson of the Convention Committee and have chaired other CLA service bodies over the years. Over time, I’ve had the privilege of serving in many roles, including as chairperson of the CLA World Service Organization. But I didn’t just arrive there—I spent years learning, participating, and growing into each role. Service has been one of the most meaningful parts of my recovery.

Service helps me in many ways. It gets me out of my head and isolation. It sharpens my office and time management skills. It teaches patience, tolerance, and kindness. And it has brought me life-long friends. All that, and I get to help others too.

One important person I left out of my earlier writing is Wayne. He was my companion and best friend for 18 years. It wasn’t always easy—Wayne was schizophrenic, and that brought real difficulty. But he never seemed to mind my clutter, and having him around gave me the incentive to clean up more

often. Many times I would go to his place, and he would feed me and look after me there. We always had music in common—he even bought a karaoke machine, so I could sing at his place. He made me laugh, respected my mind, and loved me in his way. For a long time, I thought of him as a placeholder while I was emotionally tied up with someone else. But in truth, Wayne was a lifeline. He stayed when others didn’t. I didn’t always appreciate him the way he deserved, but I do now.

My home may not be as clean and tidy as it could be, but my mind is functioning fairly well, and that matters most. I think problems through and ask for help when I need it. My home is mostly functional, except in one room I still use for junk (probably not a great idea!), and I can have a tradesperson over, if needed. It may not be ideal, but I’m learning to be grateful for what I have. It’s hard to push myself sometimes. I procrastinate—in fact, I left this qualification until the last minute!

Alison B., NJ 

Officers’ Corner (continued from page 1)

work. When I first came to CLA, Thanksgiving of 2022, I didn’t share or speak for probably six months. But with the help of the team, I slowly came out of my shell. I started moderating a few sessions—and, although I’m sure I did not do a great job, everyone supported me and encouraged me. Those are the people I call angels.

Now I have a different set of angels who are training me to do a good job in my new position. They have been amazing with their patience and tolerance. I am so glad I took on the position and will continue to ask for help from my Higher Power and my angels.

So when you take on a new service position that you’ve never done before, you will have a new set of angels who will help you through. God bless you all in your endeavors to serve and to love each other. Mistakes and all.

DD H., CA 

Letter from the Chair

Greetings Fellows,

By the time you read, this my October hip replacement will be a not-so-distant memory. However, as I write I'm enjoying the ministrations of an ice pack on the wounded area. Still, when I saw my surgeon today I received the wonderful news that I probably won't need the other hip replaced, and maybe only one knee might need consideration in the future instead of both. We'll see. That's a very different prognosis than I received when I met the surgeon in February.

So, what happened? Well, I got to work. In order to qualify for the surgery I needed to lose quite a bit of weight, and pre-op physical therapy was highly recommended. I did both. It was hard. It was time consuming. It took daily intention and attention, but today no one can tell I had surgery a mere two weeks

ago. I'm walking normally and healing well.

I share this because

for me it's a metaphor for

my recovery in CLA. October

2025 was my five-year anniversary

in this program. Everything about my

clutter problem seemed so hopeless

when I called in to an 8 p.m. meeting



five years ago. The diagnosis was clear and the prognosis wasn't good. My basement was a place of despair, and being at home because of the pandemic lockdown had done nothing to change that. I couldn't move. I didn't know where to begin. So, I turned to the internet and found all of you.

Fast forward to 2025 and I'm retired, living in a new home in a new state. As a clutterer I had unrealistic expectations about how long it would take to unpack all the boxes and arrange every room. There is still much work to be done. Since I moved, I've taken five trips and had a total hip replacement. Of course my home isn't perfect yet. But CLA has given me back my life.

Today I live an abundant life. I'm not talking about money. I have meaningful friendships, generous neighbors, newfound creativity, and a bit of leisure time. My home is far from perfect inside, but I've decorated my front door with a wreath, pumpkins, hay, lanterns, and beautiful fall mums. For the first time in decades, this Christmas I will pull out the trees (yes, I have multiple trees) and the many decorations. I'll make decisions about which trees and decorations stay and which will be donated.

I will do the work. I will unpack, make decisions, curate, release, and—finally—use and enjoy what I decide to keep. That's what these things were supposed to be for—to enjoy. Nothing has to be perfect. I'm not preparing for a magazine photo shoot. I'm preparing for friends, neighbors, loved ones. It won't be perfect, but it will be more than enough because I am more than enough. Also, with my new good hip, I may just cut a few dance steps in my clutter-free kitchen.

Happy Holidays, friends.

Cee, DE



Step 8

Made a list of all persons we had harmed, and became willing to make amends to them all.

When I first read Step 8, I thought only of other people. Names came easily—people I had let down, ignored, or judged. I thought this Step was about repairing those relationships. But as I sat quietly with pen in hand, I realized something uncomfortable: the person I had harmed most was staring back at me in the mirror.

For years, I treated myself as if I didn't matter. I pushed myself to exhaustion trying to prove I was worthy of love or approval. I ignored my body's needs for rest, nourishment, and movement. I told myself I would take better care of myself "tomorrow," but tomorrow never came. I berated myself for not being perfect, then soothed the pain with distractions—food, clutter, television, busyness, sleep deprivation, or just plain denial. The truth is, I broke promises to myself over and over again.

When I looked at Step 8 this time, I had to admit that I had been unkind not only to others, but to me. That realization was painful, but it was also freeing. Because if I could put myself on the list, it meant I was finally ready to stop being my own worst critic.

Making amends to myself doesn't mean just buying myself flowers or saying a few affirmations, though sometimes it starts that small.

It means changing the way I live. It means showing up for myself the way I've always tried to show up for others. It means honoring commitments like eating foods that heal instead of harm, going to bed when my body needs rest, and allowing myself to experience joy without guilt. It means cleaning my home—not because I "should," but because I deserve to live in peace, not chaos.

Becoming willing was the hardest part. I was willing to forgive others long before I was willing to forgive myself. Somewhere deep inside, I believed I had to earn forgiveness. But Step 8 isn't about earning anything—it's about becoming willing. Willing to soften. Willing to see myself through gentler eyes. Willing to believe I am worthy of recovery, too.

Each time I speak kindly to myself, I am making an amends. Each time I let go of an old story that says I'm not enough, I'm repairing the relationship (See [Step 8, page 6](#))

About CLA WSO

Nominations for officers of the Clutterers Anonymous World Service Organization (CLA WSO) will be conducted at the January 24 and February 28, 2026, CLA WSO meetings. Elections will be conducted at the March 28 meeting.

All terms are for one year, except for the position of treasurer, which is a two-year term. All terms begin April 1, 2026.

An abbreviated list of officers' duties is shown below.

- Chairperson—Presides at all regular and special meetings of CLA WSO, the Executive Committee, and the Board of Trustees. Establishes the agenda for all these meetings.
- Vice-chairperson—Serves in the absence of the chairperson. Assists the chairperson whenever needed.
- Recording Secretary—Prepares minutes of all CLA WSO meetings. Takes roll call at all CLA WSO meetings.
- Corresponding Secretary (Storekeeper)—Mails literature and other items. Maintains literature supplies and reorders as necessary.
- Treasurer—Maintains a checking and/or savings account for disbursement of CLA WSO funds. Is responsible for monitoring debit card use and sees that all bills are paid.
- Assistant Treasurer—Serves in the absence of the treasurer and assists the treasurer whenever needed.
- Voicemail Correspondent—Responds to phone messages. Maintains a record of all such contact. Refers inquiries and comments to the appropriate officer or committee.
- Webmail Correspondent—Responds to email messages and "Contact Us" inquiries. Maintains a record of all such correspondence. Refers inquiries and comments to the

(See ["About CLA WSO,"](#) page 6)

7th Tradition

Our 7th Tradition states that all CLA groups should be self-supporting through members' contributions. Whenever possible, groups make contributions to CLA WSO and/or CLA-East.

How does CLA use these funds to meet its expenses and to stay in operation? They pay for:

- Literature printing
- Meeting starter kits
- Meeting lists
- Website
- Webmaster
- Phone service
- Postage
- Post Office box rental
- Literature storage unit
- 501(c)3 annual filings
- Incorporation fees
- Various office supplies

CLArity Box

Dear CLArity Box,

I started hearing in CLA about "not acquiring things." What does this mean, and how do I do it?

Puzzled About Possessions

Dear Puzzled,

It's not enough to release already-existing clutter, we also have to pay attention to what we bring into

our homes so that we don't create additional clutter. It is most important to follow the guidance of our Higher Power when considering bringing items into our homes.

Our leaflet, "Declutter Your Mind," states: "By attending CLA meetings and talking to members, by writing a Fourth Step inventory, we eliminate what we do not need, use, or want."

There are several CLA Tools that address this as well.

- Earmarking includes creating a home for anything before bringing it in, and "When we add a new item, we release an old one."
- Streamlining says, in part: "We keep only those items we use and for which we have space. We realize that the more we acquire, the less we enjoy what we already have."
- Trust states: "We simplify our lives, believing that when we need a fact or an item, it will be available to us."
- Before making purchases or accepting free items, we can talk to our sponsor or buddy about our plans.

As you can see, this is an important part of any decluttering efforts.



About CLA WSO (continued from page 5)

- appropriate officer or committee.
- Archivist—Maintains financial reports and records—as well as meeting minutes and recordings, agendas, and committee reports—and makes them available as needed.

For a complete list of duties, as well as requirements for officer positions, visit <https://clutterersanonymous.org/wso-officers/>

Step 8 (continued from page 4)

with my own spirit. I don't have to do it perfectly. The willingness itself is the amends in motion.

I may never be able to undo all the ways I've hurt myself in the past, but I can live differently now. Each day I try to practice a little more kindness, a little more patience, and a little more faith that change is possible. That, to me, is what Step 8 is really about: becoming willing to heal, starting from the inside out.

Sometimes I'm only willing to be willing. And that has to be enough, "...one moment, one hour, one day at a time." Alison B., NJ

Contest Winners

During the 2025 CLA Convention in Alexandria, VA, members voted for the top two hand-drawn graphic depictions of Clutter Blindness and the top (one) computer-drawn depiction of Clutter Blindness.

Out of eight entries, these are the artists and entries that received the top votes:

- First Place Hand-Drawn Entry #4 – Margie, New York (39 votes)
- Second Place Hand-Drawn Entry #2 – Mafa, New York (16 votes)
- First Place Computer-Drawn Entry #8 – Marge, North Carolina (30 votes)

First Place Hand-Drawn Entry #4 – Margie, New York
Title: "Selective Lenses"



Clutter Blindness: Looking through Selective Lenses that Block Out the Clutter

(See "Contest Winners," page 7)

Focus on Decluttering

Maintenance is not discussed in our CLA literature, but it is a word I use and often hear at meetings. Maintenance is how to keep spaces decluttered. It does not mean, however, that you don't continue to try to make your living space even better. In order to maintain, it is important to understand your cluttering pattern and have started to do some basic decluttering. A small clutter-free zone will work to practice it.

Not putting away what I take out is one way I created clutter. I would go to bed and wake up in the morning, and my clutter had multiplied. I was baffled. It was later in recovery that I realized I was the one creating the problem. I tend to do projects at night and would go to bed without putting everything away. After doing that for several days (weeks, months), it added up. And after doing it for several years...well you can imagine. Putting away what I take out is important. It may not happen at the exact moment I have completed my tasks, but it does happen. When I notice my desk has gotten messy, I do what I call "neatening up." What that means is putting things away, filing things, straightening things, and throwing out what is no longer needed.

Not doing the Completion Cycle also causes me clutter. The Completion Cycle means that the dishes are done when they are dried and put away, laundry is done when it is folded and put away, and grocery shopping is finished when everything is put away. I used to think laundry was done when it was washed and dried. It felt too hard to fold it and put it away. I was tired when I got home from grocery shopping and wouldn't always put the nonperishables away, so they sat there.

Dishes became easier once I had a dishwasher, but I still have difficulty remembering to put things away that are in the drainboard. Another part of the Completion Cycle is that anything you use must be (see "Focus on Decluttering," page 7)

Contest Winners *(continued from page 6)*

Second Place Hand-Drawn Entry #2 – Mafa, New York



The first-place computer-drawn entry will be printed in a future issue of CLARity.

Many thanks to all the participants and voters for making this event so successful. The Literature Committee appreciates your involvement!

Winners will be contacted by email with information on how to redeem their prizes. Prizes were either a CLA book or a subscription to the CLARity newsletter. 

Focus on Decluttering *(continued from page 6)*

cleaned and put away when you are finished with it. This is related to putting away what you take out, as stated above.

Another way I cluttered was by purchasing things I was unsure of. Since part of my disease is about having difficulty making decisions, the bags would become clutter. Now I try not to bring things in that I am unsure of. Much of what I bring in with uncertainty is clothing. If I do bring something in, I put the bag in my clothes closet. It does not become clutter, and I see it all the time, so it reminds me that I have to make the decisions. I also tend to bring in appliances in boxes and not learn how to use them. Now, if they are not taken out of the box within a week, I return them.

I also cluttered by not having a place for things that I brought in. This requires me to clean out storage cabinets, closets, the pantry, the refrigerator, the freezer, etc. before going shopping. That is challenging, and I find it difficult to find the time.

I always have a lot of things to do—part of my being a clutterer is having a cluttered schedule. This can cause me to bring something in I already have because I did not check. That is how things get

stuffed in a closet or drawer or left out on a table. I have even left things in my shopping cart, which means that I can't use the cart for what it is meant to be used for—shopping.

So maintenance is the way I keep from having a cluttered space again. This is why we create homes for things and put them back there, keeping only what we need, use, and love. 

Ruthe S., PA

Convention News

The 2025 CLA Convention was held on September 27 and 28 in Alexandria, Virginia. It was welcoming, inspiring, informative, and fun. This article includes comments left on the evaluation forms.

"The convention was a meaningful and enriching experience. I felt welcomed, connected, and inspired by the fellowship and quality of presentations."

One of the best things about a face-to-face convention is being able to be with our fellow CLA members in person. One comment was, "What a wonderful opportunity for me to see folks in person, to hug them in person, and to exchange numbers," while another was, "Everyone was so friendly and kind." One attendee stated that they were able to find members to bookend with and others to work the Steps with. All of the sessions were well received, with one person liking "the [\(See "Convention News," page 8\)](#)

Convention News *(continued from page 7)*

demonstrations of courage that people gave, telling us about their own experiences." Some mentioned that they liked the variety of topics and activities, while another stated that they liked hearing about how people recovered.

One attendee stated: "As a newcomer, this format conveys the progression from what it was like, to what happened, to what it is like now, which I find very helpful." Another stated: "All the focus on the transformative power of humor, especially laughter, really resonated... staying in the solution in a powerful way."

Saturday began with a speech by Cee, which was called wonderful. The next session was "Problems and Solutions," with one attendee stating that it was: "an excellent way to get different points of view and an opportunity to get to know the other people." Dave B. presented a workshop titled "Laughter in the Chaos," with one attendee calling it "informative and inspiring." Terri J.'s session on "Self-Acceptance with Humor and Love" was well liked, with one attendee specifically liking the "funny names we could give to our defects." Jim R. presented a workshop titled "Having Fun in Recovery," with one person saying, "This inspires me to act spontaneously by taking steps without constant self-criticism."

The Saturday evening banquet included a qualification by Ginny W., with one attendee stating they liked her sharing on the topic of surrender. It ended with a talent show, which was great fun.

The first session on Sunday was a Long-Timers' Panel, with one attendee stating that she loved it because it showed long-time recovery in CLA. After a Traditions Skit, Marge S. did a demonstration of the CLA website, which one attendee said helped her to learn how to navigate the website better.

Billie R. did a presentation on "Finding Our Heart's Desire," which one attendee called: "wonderfully interactive and inspiring." Cora W.'s presentation was on "Discovering the Spiritual Awakening and the Impact on Recovery in CLA," which one attendee called: "very inspiring, proof positive that continuing in this program of recovery

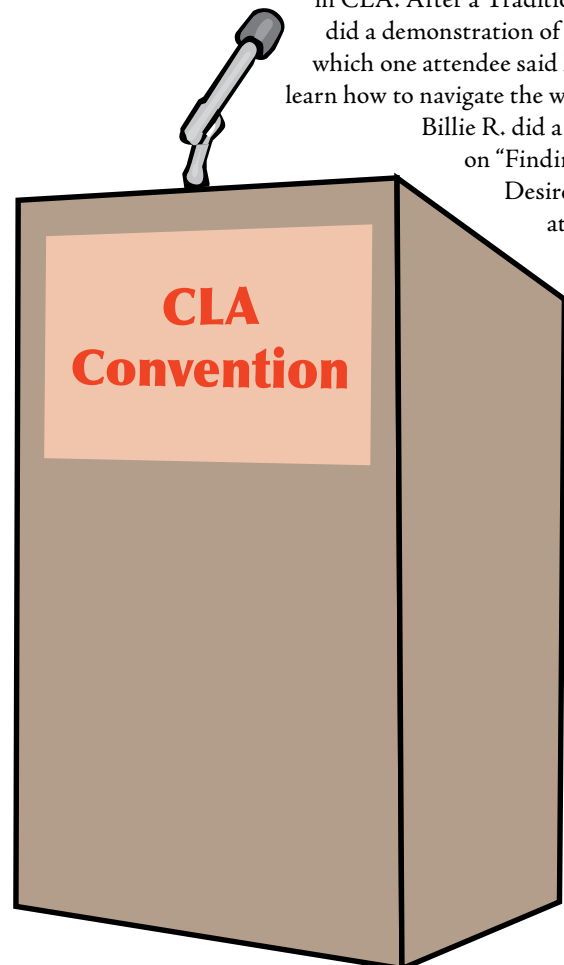
(CLA) works!" The program ended with Ruthe S.'s session on "Using the Tools to Take Action," which was great, covering mental, physical, and spiritual aspects of clutter.

The convention had a lot of humor, with the theme of "We Are Not a Glum Lot: How to Have Fun in Recovery." Many of the sessions included more humor than usual. Some of the comments were: "It was so fun to laugh!," and "What was most useful for me was the theme, 'We Are Not a Glum Lot,' which enables me to tackle my recovery with a sense of humor."

Overall, the convention was a great success. Some comments were: "Brilliant! As I knew it would be! Absolutely brilliant, energized, informative, inspiring, joyous."

"Feeling not alone—others struggling with same/similar struggles, laughter at our challenges. People sharing their strength, experience, and hope," "I got many ideas and good feelings/ideas from every speaker. I also noticed some things I've overcome. That helped me see my own progress in some areas," and "Overall, a positive experience with loving people."

CLArity will publish information about next year's convention (which should be held in the Western US) as it becomes available. Also, you can check <https://clutterersanonymous.org/events/convention/> for updated information periodically. We hope to see you there. 



In Appreciation

The CLArity team thanks everyone for supporting the newsletter. Our appreciation goes to our latest subscribers.

And a special thank you to those who are spreading the word about CLArity while doing service in CLA, in face-to-face and phone meetings and by other means. 

Welcome to CLArity

CLArity is a forum where you can exchange your ideas and your experience, strength, and hope with others in the CLA Fellowship.

Take action to be heard in our community:

- ✦ Send a "letter to the editor" to CLArity, 184 South Livingston Ave., Suite 9-203, Livingston, NJ 07039 or an email to: Clarity@ClutterersAnonymous.org. All requests for anonymity will be respected.
- ✦ Share CLArity with a friend.